



# Protect Your Health Freedom

## Website Links To Stay Informed & Instructions For Taking Action

It has been proven that malnutrition and poor sanitation was the cause of the epidemics of the late to early 1990's. Louis Pasteur confessed on his death that he was wrong, i.e., germs are not the cause of disease. An unclean (internally and externally) and malnourished body is like a swamp that attracts the mosquito; it was not the mosquito that made the swamp. The public ignorance of these facts has allowed the America Medical Association to rule health care in the U.S. to the detriment of the health of its citizens, and given them too much authority in the U.S. healthcare system today.

There are many medical advances today, that are just short of being miraculous, like liver transplants, etc. Yet, when you look at surgical procedure advancement, from bypass surgery to hysterectomy, they are needed because in all of "man's advancements in knowledge of science and religion," they have missed the importance of public education in the Laws of Health so people can learn as a child how to care for their body as God designed, which includes disease prevention. These surgeries become necessary for those did not become aware of or neglected to develop a healthy, principle-centered lifestyle, based on these Laws of Health, to they could promote health and prevent disease.

Drug Side Effects are the symptoms of nutritional deficiencies and toxicity caused by the chemical in the drugs. Because of the daily use of drugs, causing multiple side effects, the end result is the need for more surgeries, when the public is not aware that non-medical therapies, like clinical nutrition and naturopathy, are available to assist them in restoring their health, even preventing surgery, if not too late.

**Keeping Medicine in perspective, so this industry can stop breaking its oath "First Do No Harm," will happen only when the public is awoken to protect their Health Freedom rights and change Legislation.** This is the only way to have a choice to use any healthcare system you so desire (medical or non-medical therapies). This will also lead to more insurance coverage for non-medical therapies.

It is interesting to note that in America, that though people pay for insurance, they do not have insurance coverage for their "body." The insurance coverage is on the services, i.e., the disease management and emergency "medical" services or system. If it were on the human body, insurance companies would be required to pay for any treatment for that body, whatever the body needed.

**Many are unaware of the "serious" threats right now on that freedom. For example, notify your congressmen to:**

- **Vote "No" on Codex** to prevent M.D. prescription to buy vitamins and minerals and unrealistic increase in FDA controls.
- **Vote "Yes" on Texas Health Freedom Bills**, so you can keep your right to choose non-medical therapies. For Information and updates: <http://texashealthfreedom.com>. Join the Texas Health Freedom mailing list. Enter your location to find your congressmen and representatives.
- **Vote "Yes" to pass the Certified Clinical Nutritionists (C.C.N.) Practice Act**, which changes this Board Certification to a License, the first step for more insurances to cover the services of a C.C.N. Once passed in Texas, it will be sent to all states. For information and updates: <http://texas.iaacn.org>. A month before Texas is in session, monitor this site so you will know how you can help. If you leave near Austin, prepare to meet with the IAACN members to support this bill.
- **Watch Out for Registered Dietitians (R.D.) and American Dietetic Association (A.D.A.) Bills.** Every year, they attach a "rider" to their legitimate dietitian bills, hoping it will not be noticed, so they can gain exclusive control over giving dietetic (or any nutritional) advice, unless you are an R.D. This means even your M.D. could not advise you on what to eat. **(The Health Freedom and IAACN websites will keep you posted on this.)**

**Since 1955, National Health Federation has been organized to protect our rights, so join this group! <http://www.thenhf.com>**



# Protect Your Health Freedom

We will keep you posted through our HealthQuest e-News and Special Announcement e-mails, please do the same for us.

In 1776, Americans fought for their freedom, without tyranny or slavery, to work, live and worship as they so desired, as long as in doing so, they "First Did No Harm" to others and respected the right of others to do the same.

Today, we are now under the threat of losing the health freedom rights to choose the health care system or services we prefer to care for our own mind and body. We have already lost some of them, for example:

- Only a few years ago, we lost our freedom to have a professional colonic by Colonic Specialist., in private practice. Now, this therapy is only available by physician's prescription. Yet, few physicians even know how to detoxify the colon, restore Dysbiosis (friendly flora), and prevent colon diseases. How many of our existing physicians have been trained in colonic therapy? None to few, would be my educated guess.
- Like the right of freedom of speech. Did you know that the A.M.A. has copyrighted the word "cure?" A word in the English Language that should be free for any one to use. However, if you are not a licensed M.D., and you tell your neighbor over the backyard fence that you cured some health condition you had, you could be jailed for practicing medicine without a license.

Legislators have been attempting to make it illegal if anyone refuses vaccinations, remember Hillary Clinton, yet the Supreme Court ruled vaccinations cause autism in children. We've known for decades that vaccinations cause many mental and physical health challenges for people of all ages.

**Now, we face tyranny from the A.M.A., F.D.A., and other government agencies and positions of authority, including Presidential, the highest authority in the U.S.**

We must remember that Constitution was written for a **"government for the people by the people."** Two of my ancestors (grandfather Samuel Adams, the Father of American Independence and Uncle President John Adams, second U.S. President) signed the Constitution. Samuel Adams was called the "Father of the American Revolution and the Father of American Independence" because of his perseverance in writing letters (and more letters and more letters) for years to everyone and anyone – the newspapers, legislators, the people, merchants, etc., enlightening, encouraging and directing them to stand firm and take action for their freedom. He showed us the way. I think back, what if he had "email?" (LOL). **We can be as effective now in much less time and reach much more people with internet technology, so email, email and email your congressmen/women, local and national newspapers, organizations, clubs, friends, family, church members, this we must do now regarding our Health Freedom.**

We have enjoyed freedom from tyranny for over two hundred years. However, the sin of "gradualism" is slowly taking our freedoms away as we are living our lives like a sleeping giant....for the power of the people still has the power to protect our rights and change the course that has been in motion by vested interest groups for several decades to take away our health care rights -- if we can wake up the public and take action in time.

Be a watch dog and monitor these websites, again, subscribe to their emailing list, email your congressman **monthly**, so when Legislation is in session, they know that you expect them to vote for any House or Senate Bill that protects and expands 1) the individual's right to choose their own health care, and 2) against any Bill that gives physicians, dietitians or any governmental or private agency, a monopoly or excessive authority over non-medical therapies. Keep sending in your claims even if they don't pay so they know the volume of people who are seeking coverage for payment of therapies that their body needs, and write letters to education them to provide insurance coverage for your body, not for the type of services. Time is now to take vigilance and action, accordingly, to protect your Health Freedom Rights and establish new laws and end this monopoly of medicine from being the final word and only privileged system in healthcare today. Thank you for helping us protect and support our personal and professional freedoms, as we are doing the same for you.