

# The *Original* Sun Ancon Sun Harmony HTE Chi Machine: Massager & Aerobic Exerciser



## If You Have Problems With:

- Lack of exercise and poor circulation
- Tired and sore muscles
- Poor digestion, constipation
- Arthritis, back pain, bone spurs
- Nervousness, general pain and insomnia
- Poor functioning of internal organs
- Asthma and tracheal inflammation
- Menstrual pain, anemia
- Many chronic conditions

## Why Everyone of All Ages and Fitness Levels Needs the Sun Ancon Chi Machine Benefits:

Modern day health hazards - daily, people consume a chemical cocktail made up of chemical residues in farm products, processed foods, water supplies and the air we breath. Such health detriment is compounded by poor or improper diet and breathing habits, work or study stress and sedentary life styles.

The massager will help *eliminate the toxins* and provide the essential benefits of sports and fitness programs without putting stress on parts of the body such as vertebrae joints, heart and lungs and without depleting body energy levels or causing injury.

## Chi Machine On Hunter Tylo's Life & Leisure Show

# Chi Machine Benefits

## CELLULAR ACTIVATION:

Massage stimulation to the sympathetic nervous system opens up the bronchioles to provide maximum oxygen access to the lungs, simultaneously the blood flow to and from the lungs is increased, enhancing oxygen exchange from the lungs to the blood and therefore to the body cells, to excite cellular metabolism.

## SPINAL BALANCING:

With the body relaxed in the lying position with no weight on the spine, the massage unit will influence a correction to certain conditions of misalignment. Such corrective action can in turn cure or alleviate complications arising in vertebrae joints from certain spinal misalignment

## IMPROVING THE IMMUNE SYSTEM:

The Sun Ancon CHI Machine stimulates globulin production which increases the immune system's defence capacity thereby providing greater freedom from disorders and disease.

## BLOOD PRODUCTION:

Blood is produced in the spleen and spinal bone marrow. Reduction of splenic blood production can arise from the spleen's susceptibility to damage. The massager's action on the spine stimulates the sympathetic nervous system which increases spinal 'marrow' blood production. Any form of anaemia can be benefited by this massage action

## RESTORATION OF BALANCE TO THE NERVOUS SYSTEM:

If the parasympathetic and sympathetic nervous systems fail to ensure balance of function, insomnia, excessive dreaming, digestive problems, stomach pain, palpitation, anxiety, constipation, neurasthenia and extensive forms of aches and pains as well as mental stress may surface.

The influence of the massager on the sympathetic nervous system can restore the vital balance to the nervous system, resulting in restoration of health from such conditions.

## EXERCISING INTERNAL ORGANS:

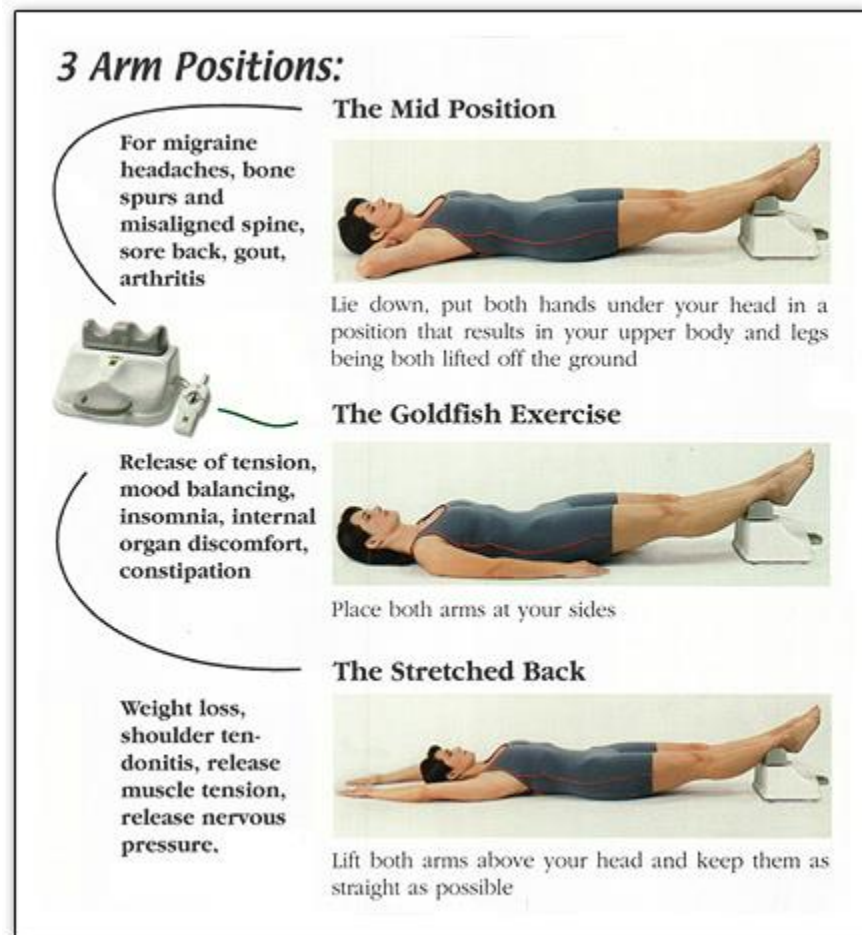
Western medical science is beginning to consider ancient eastern traditions that focus healing and good health on a life force energy which flows in channels through all living forms. Acupuncture and associated therapies are being increasingly used by western practitioners to 'invigorate' the life force energy flow to restore health to unhealthy organs.

The Chinese refer to this energy as 'Chi'. The Sun Ancon CHI Machine will aid in unblocking the 'Chi' pathways and ensure a maximum flow of this heating source, through all body organs,

to restore normal or improved functioning to Impaired organs and body systems related to such organs.

### **BOTTOM LINE:**

It's not a matter of, "Can I afford the Chi machine?" But rather, "Can I afford *NOT* to have one?"



## **Chi Machine Effects**

### **Spinal Influence On Health**

Within the brain and extending through the core of the spinal column, is the central nervous system and branching out from the nerve network that reaches every part of the body and provides all body functioning not under conscious control, (breathing, digestion, heart rate etc.)

This extended "nerve" network is termed the AUTONOMIC NERVOUS SYSTEM and it further divides into the SYMPATHETIC and PARASYMPATHETIC NERVOUS SYSTEMS which provide vital balance to the body's "nerve" functioning.

Any impairment to the spinal alignment or abnormal spinal pressure on vertebrae joints can impair the autonomic nervous system resulting in minor and major body dysfunction, disorder and disease.

The spinal column bone marrow is also a source of blood production and immune system globulin upon which middle aged adults are more dependent, following depletion of globulin production from the “aged” and shrinking thymus gland.

### **Utilization Of Full Spinal Movement**

The spines design permits sideways “snakelike” movement that serves to relieve vertebrae joint pressure and thereby promote greater “well being”. Modern man fails to exercise this design feature, part of the reason being that stress of mind creates body tension and rigidity. Spinal movement has been reduced to a forward and upright torso momentum, is restrained by body tensions.

When we awaken or feel tired, we rise our arms, stretch and yawn, and in the process, flex the spinal column in a twisting snakelike movement. Instantly we feel a pleasurable sensation of energy movement and alertness of mind.

The reason being that in yawning, the lungs fill with air and greater oxygenation of cells occurs, pressure on the intervertebral discs momentarily releases and the autonomic nervous system is stimulated. (Do a “yawning ” stretch now to verify the value of such oxygenation and spinal twist).

### **Lymph Fluids Influence On Health**

Lymph fluid in the body exceed the quantity of blood and one of its functions is to cleanse the body’s waste. Lymph fluid has no “pump” action to move it around the body, but its cleansing of waste-toxic matter is activated through physical activity.

The Chi Machine effectively moves the body’s fluids and aids the Lymphatic system, especially in those who are physically challenged or do not get sufficient exercise. Such cleansing may cause bad breath and also thirst, water cleanses and aides in lymph cleansing, so drink plenty of “good” water to hasten the cleansing and remove any breath problem.

### **Oxygenating The Body**

Within the body 75 trillion cells provide the energy needed to carry out every brain function, body movement, organ function, and other needs of all body systems. Each cell has only two needs to produce this energy, nutriment from food intake and OXYGEN.

Oxygen “Starvation” of cells can result in immune dysfunction, cardiac symptoms, sleep and respiratory disorders, blood chemistry disturbance, intestinal problems, anxiety, depression, headaches, fatigue, stiff neck, shortness of breath, dizziness, to name but a few health problems.

Dr. Shizuo Inoue, Chairman of Japan's Oxygen Health Association, has spent decades researching the relationship between oxygen levels in the body and the quality of human health. "My research has convinced me that lack of oxygen is the root of most or perhaps even all disease". –Dr. Inoue

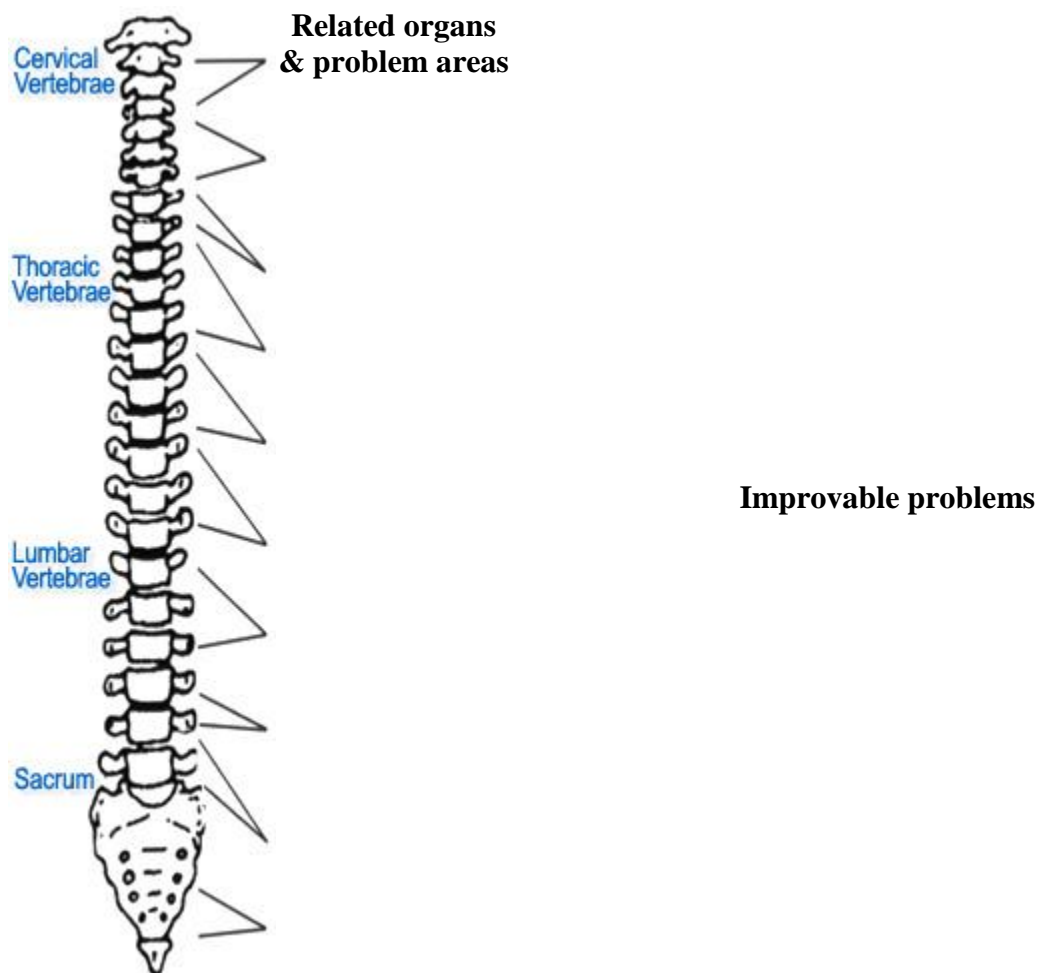
The Chi Machine's ability to oxygenate, tone and strengthen the body increases the feelings of aliveness well-being — that is, raises the chi or life force — in the bodies of those who use the machine on a daily basis.

*Chi is the Chinese word which refers to the life force or life energy.*

## Chi Machine And Your Spine

### 80% OF CHRONIC DISEASE PROBLEMS ARE LINKED TO THE SPINE

The Chi Machine Helps Balance and Strengthen the Spine.



Eyes, ears, nose, chest

Headaches, pseudomyopia

Heart, throat, hands, eyes	Sore Shoulders
Trachea, lungs, heart, stomach, liver, eyes, ears	Asthma, sore shoulders, low blood pressure, stomach ulcers, heart problems
Lungs, heart stomach, liver, eyes, ears	Asthma, diabetes, hemorrhoids, poor stomach function, poor liver function
Stomach, liver, adrenal gland, diaphragm	Diabetes, poor stomach function, poor liver function
Kidneys, bladder, womb	Sore back, poor stomach function, diabetes, poor liver function
Large intestine, bladder, caecum, stomach, liver	Sore back, poor stomach
Reproductive organs, knees	Loss of energy, pseudomyopia
Feet, large intestine, bladder, prostate	Loss of energy, swollen prostate
Bladder, reproductive organs, anus	Loss of energy, hemorrhoids, swollen prostate

### **Symptoms of Mis-aligned Spine:**

**Cervical Vertebrae** - Migraine, insomnia, dizziness, amnesia, numbness in facial nerves, ear inflammation, ringing in the ears, high blood pressure, pustulence, tonsillitis, cataracts, myopia, sore throat

**Thoracic Vertebrae** - Swelling thyroid, hardened neck muscles, stiff neck, pain in upper body nerves, numbness, lack of strength, tracheal inflammation, asthma, heart disease, liver disease, diseased stomach function, diabetes, allergies, inflamed kidneys, arthritis, rheumatism, hardening of the arteries, stone formation, apoplexy, decrease in immune system function

**Lumbar Vertebrae** - Constipation, dysentery, hernia, varicose veins, period pains, sciatica, painful knees, difficulty in urinating, too-frequent urination, weak legs, painful soles of feet, urinaemia

**Sacrum** - Different leg lengths, bladder inflammation, tilted womb, inflammation of the caecum, hemorrhoids, difficulties in getting pregnant

**Cocci**x - Painful tailbone

INVENTOR:

DR. INOUE SHIZUO, chairman of the Japanese association of Oxygen and Health, combined 38 years of his experience and expertise in oxygenating exercise, with leading German exercise physiology, to research and develop this unique, health generating product.

It is based on the patented five characteristics including height, swing frequency, swing travel, swing angle and circular movement. It is a simple technological item incorporating the precise

oscillatory action to ensure extensive health benefits without risk of harm that could arise from any product not employing the stringent precision detail of the patented “Sun Harmony” machine.

## **MECHANICS OF THE CHI MACHINE**

The patented precision design of the machine allows it to operate in harmony with the natural body rhythms and optimum body positioning to include a massage of blood vessels.

The PATENTED PRECISION Sun Harmony Chi Machine adjusts the spine by gently shaking a person from head to toe. Years of research were required to establish the perfect height, swing frequency, swing travel, swing angle and circular movement of the machine, obtaining this perfect body response.

Any changes in the machine's patented design would fail to provide the proper body response and may cause spinal injury. As your whole body relaxes and you enjoy the rhythmic side to side movement of your spine and the other joints of your body some amazing things start to happen:

- Improved physical, mental and emotional state
- Health for all ages
- Extremely valuable to those who through “age” or physical limitations can’t exercise

## **WHOLE BODY MASSAGE**

A full body massage, including internal organs and all body systems, occurs with the massager’s use. Fifteen minutes massage is estimated to be equivalent of walking ten thousand paces (about 90 minutes), in terms of body oxygenation. If used with proven relaxation techniques, there’s no limit to the potential scope of healing and fitness enhancement of the body and mind.

The Chi Machine will deliver the best possible lateral movement (like a snake or a fish) to the spine with the body in the ideal therapeutic position. When the machine automatically shuts off, you may experience the therapeutic benefit of a sensation the Chinese call Chi which refers to the life force or life energy. This sensation is similar to what athletes call a natural or runner's high (an indication of the Chi Machine's genuine value).

## **Be Aware of Fake Chi Machines and Counterfeits!**



As with any product that is as effective as the 'Chi Machine' there will be greedy people looking to make a buck from someone else work.

### No Patents or Research

Dr. Inoue spent *38 years of his life researching the effects of oxygen* on the body and the Chi Machine is the end result of that medical and kinematic research.

They tested this machine on over 100,000 people before deciding on the final specifications. Those specifications are patented in 27 countries, including 2 Medical Patents in Japan,

None of the counterfeit machines have ANY research behind them.

### Inferior Motors

These imitators, in an attempt to sell the machines for less, have used *inferior motors* in them. This causes the machine to not be able to provide the smooth, consistent, balanced motion necessary to receive the health benefits the machine was designed for. These fake machines usually sell for between \$98-\$449.

### Multiple Speed Controls is NOT Good

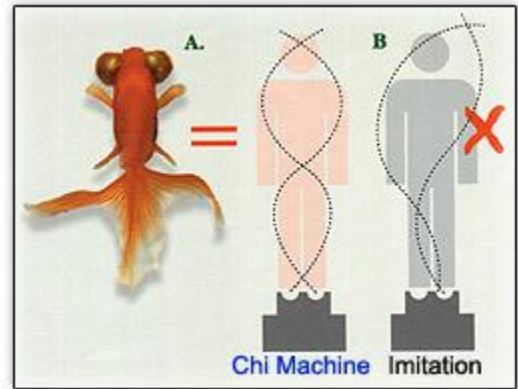
Some of them offer *multiple speed controls* as an added benefit. This is *exactly the opposite* of what was discovered when Dr. Inoue invented the Chi Machine. Too slow of a speed will not produce the desired effect and we have seen that too high a speed can cause injury to the back, knees, shoulders and also cause headaches.

After all the research Dr. Inoue did on this machine, *if a variable speed control would have made the machine more effective, don't you think he would have included one?* These companies have, with no research at all, decided to make changes to Dr. Inoues machine.

We have personally tried a number of these machines and the information that follows comes from our experiences with this equipment.

### Fake "Chi" Machines

**The Oxyciser:** which is available from the Home Shopping Network for \$98. has a very weak motor and a violent motion that has had many people complaining of injury. This one even comes with a warning that you could burn the motor up if you use it for more than 15 minutes at a time and don't rest it a half hour between uses. It also specifies that it is not to be used commercially.



**The Original patented Chi Machine adjusts the spine by swaying it gently like the movement of a fish. The imitation machines have altered height and speed and may be harmful to your health!**



**The Stress Buster by Tinny Beauty:** they have 2 models one cheap one and a 'deluxe' model. They have a variable speed control and should be avoided because of this. Basically this was made by a former Chi Machine distributor that took the Chi Machine to China and through a Chinese government sponsored program is having this fake machine built there. It is sold here through a couple of distributors. It is not his main business, he just makes these as extra income. Just call them and you will see.

**The Swing Machine or Healthy Swing:** again a variable speed control and an inferior product. It weighs only 7lbs. The Chi Machine is 16lbs sturdy and built to be used in hospitals.

### Other Fakes

There are probably others, but these are the ones I have run across the most. I would suggest that if you are trying to save money by buying one of the copycats, that you should purchase the OxyCiser as they are all basically constructed the same.

Why pay \$349 for a cheap imitation when you can get one for \$98 (sarcasm).

If you have any doubts as to any of this information we suggest you call the company that makes each machine. **You will find NO real companies behind any of these other machines**, just importers of boxes trying to make a quick buck. We are so convinced that you will be dissatisfied with these machines that we have given you their names.

In the last 15 years, we've seen it over and over again - people buy these fake machines to save money only to return them and buy *The Original Chi Machine* from us. Buy the real one today.



**Get The Real Deal!**  
**\$449 plus Tax and Shipping.**

**To Order or Request More Information,**

**Contact Dr. Donna F. Smith at.....**

## **ADVANCED CLINICAL NUTRITION**

**Account # A185883**

**(940) 761-4045**

**10 a.m. to 5 p.m. CST**

**Email: [Services@AdvancedClinicalNutrition.com](mailto:Services@AdvancedClinicalNutrition.com)**

**You may order from Advanced Clinical Nutrition or order directly from either HTE USA Offices, New York Or Los Angeles:**

### **IMPORTANT:**

**You will need to use Dr. Smith's Account # A185883 when ordering from HTE USA, also called HTE Americas:**

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**Order Department**

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**Office hours**

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9:00 am - 5:30pm EST OR 8 a.m. to 4:30 p.m. CST

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**Order Department**

1-800-291-6088

**Office hours**

Monday - Friday

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## **CLINICAL NUTRITION NOTE:**

The focus of a Clinical Nutrition Program with Dr. Smith is to provide the nutrients the cells require to heal, repair AND to generate chemical energy. (See the Clinical Nutrition Note in the E-Power information for more on this.)

Oxygen is the most important nutrient to the human body. Try to live a few minutes without it. Today, people not only receive inadequate aerobic exercise, stress leads to shallow breathing and constriction of lung and circulatory cells. Just 15 minutes on the Chi Machine is equivalent to 90 minutes of aerobic exercise in relationship to amount of oxygen that is released into every cell of the body.

Oxygen also burns fat, which is why aerobic exercises are effective in weight loss.

The Chi Machine is the first machine to purchase, if you must purchase one at a time. Ask Dr. Smith for the order of purchase for the other three as the answer is individually-based upon health priorities.

Every biological process in the human body requires oxygen, water and nutrients.

A key to healing and repairing is detoxification (See the Clinical Nutrition Note in the Hot House information for more on this).

Nutrients are utilized more efficiently when the nervous system communicates more effectively (See the Clinical Nutrition Note in the ERE – Electro Reflex Energizer information for more on this).

The healing relationship utilizing a Clinical Nutrition Program and each HTE machine is provided at the end of each of these four documents on the Chi Machine, FIR Hot House, ERE-Electro Reflex Energizer, and E-Power.

Those who utilize all four HTE machines as a total health and exercise home system while engaging in a Clinical Nutrition Therapeutic Program will increase the power of their healing, repair and ATP generation dramatically. Then once healed, those who engage in a Clinical Nutrition Maintenance Program while utilizing these four HTE machines will maintain health more effectively.

**TO ORDER DIRECTLY FROM  
DR. SMITH  
CALL (940) 761-4045**