

## Blood Chemistry Tests List & Physician Letter Instructions

#### **Documents:**

- 1. The Blood Chemistry Tests List.
- 2. Physician Letter from Dr. Smith

This document is provided for instructions regarding when and how to use the above two PDF documents on our website.

#### When To Use These Two Documents

#### Dr. Smith Approved or Recommended –

**Approved** - If the timing for having your blood drawn through Dr. Smith corresponds with the time you are having your blood drawn through your physician AND the priority blood tests that Dr. Smith needs to analyze are tests that your physician is allowed to order, Dr. Smith may approve your having blood drawn through your physician, instead of her Lab.

**Recommended** - Also, Dr. Smith may recommend that you have blood drawn through your physician if she knows that the blood tests she needs to analyze are tests that your physician will definitely order and if this will help the client financially, i.e., their insurance would cover the blood test collection fee.

In either case,

- 1. Therefore, please keep Dr. Smith informed of when blood chemistry testing is scheduled with your physician.
- 2. When a medical appointment is up-coming, call our office and schedule an appointment to talk with Dr. Smith.
- 3. Then once approved, you may follow the instructions below regarding "How To Use These Two Documents" to have blood drawn through your physician.
- 4. The Analysis fee is calculated according to the number of blood tests analyzed up to 44 blood tests. If 44 or more blood tests are analyzed, our standard blood chemistry analysis fee is charged, less the amount we pay to our Lab for drawing blood, since our Lab was not used for this Laboratory Report.
- 5. In most of these cases, the next scheduled blood chemistry testing for clinical nutrition analysis will be canceled and a new date will be determined from the analysis of the blood tests from your physician. However, again, this dependent on the values of the blood tests and when they require updating for reanalysis.

### About Blood Tests Ordered Through Physicians

Due to Medicare and Insurance dictates today, regarding the number of blood tests physicians can routinely order, physicians are allowed to order, between 16-25 of the blood tests, Dr. Smith orders which is the actual list of blood tests physicians use to order, before these limitations.



# Blood Chemistry Tests List & Physician Letter Instructions

Occasionally, however, when you present the complete list of blood tests, your physician may be able to order all of them, or perhaps, at least, more than their routine number of tests. We say occasionally because more often they order only what they are allowed to order, even if you do give them the complete list of blood tests. Since this is not something that can be determined before hand, providing this Blood Chemistry List, anyway, is a prudent step. Only upon receipt of the Laboratory Report do we know what additional tests was ordered above what they are allowed to routinely order now, and what was not.

To request that this complete list of blood chemistry tests be drawn through your physician requires two documents. They are:

- 1. Blood Chemistry List The first PDF Icon Document below (top, right) is a list of all the blood chemistry tests Dr. Smith orders for a Clinical Nutrition Comprehensive Blood Chemistry Analysis.
- 2. **Physician Letter -** The second PDF Icon Document below (bottom, right) is a letter from Dr. Smith to request that your physician order this list of blood tests for you.

#### **How To Use These Two Documents**

- 1. After printing two copies of each PDF Icon Document for the **Blood Chemistry List** and **Physician Letter.** One is for your records and the other for your physician.
- 2. Fill in the blanks on both of the Physician Letter.
  - 1. **Date Initiated:** Date you completed this form.
  - 2. **Fax Lab Reports by:** Date you need to have the Laboratory Report so you have time to send a copy to Dr. Smith for clinical nutrition analysis. You will, however, pick up the report rather than have it faxed.
  - 3. Patient's Name: Your Name
  - 4. **Dear Dr.** Name of Physician ordering blood tests.
- 3. Staple the Physician Letter on top of the Blood Chemistry List.
- 4. Open the "Fasting Instructions" web page, which preceded this web page, and follow these instructions to fast for date to have blood drawn.
- 5. Give the Physician Letter to your physician's Nurse or the Physician's Assistant (P.A.) before blood is drawn, so they will know how much blood to collect. State that you will be picking up a copy of the Lab Report, rather than having it faxed. However the fax date is the date by which you need the report for Dr. Smith.
- 6. Find out the date the Laboratory Report will be ready and then go to the physician's office and pick up your copy of the Laboratory Report.
- 7. Then fax, email or U.S. Mail a copy of the Blood Chemistry Laboratory Report to Dr. Smith.

If you have any questions or need clarification regarding these instructions, please call our office and request an Administrative Consultation (no charge) with Dr. Smith.