



FIBROMYALGIA

A CLINICAL NUTRITION SYNDROME

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WEBPAGE TITLE

Webpage Title: FIBROMYALGIA E-BOOK

FEE

\$47.00 – 70-Page FMS E-Book

Free – Tender Point Test

Total Value: \$200

TENDER POINT TEST

Dr. Smith's **Tender Point Test** is uniquely designed charting:

1. Your **Initial Exam**
2. **Symptoms Assessment**
3. Subsequent **Re-Examinations**
4. **Symptoms Progress Reporting** - Utilizing the Rheumatology 1990 Classification Criteria For Fibromyalgia the 18 Tender Points, it monitors progress on 18 FMS symptoms clients have reported most severe in intensity and frequency.
5. Dr. Smith's Tender Point Test is provided Free to each person who purchased her e-book.

You may be familiar with the Rheumatology-Designed Tender Point, however, using this as a base, Dr. Smith has uniquely designed Tender Point Testing and Monitoring System that has increased its value and allows you to:



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1. Do your own self-examinations and reexaminations,
2. Monitoring both physical and symptom progress in between clinical testing.
3. Evaluated the effectiveness of treatment

Thereby, tremendously increasing the value of this ebook and test is much greater than the fee she is charging you. Now, to what you will learn in your copy of “Dr. Smith’s Fibromyalgia – A Clinical Nutrition Syndrome” e-book.

FIBROMYALGIA E-BOOK

ABOUT DR. SMITH'S e-BOOK, Fibromyalgia Syndrome (FMS), a Clinical Nutrition Syndrome,
[70 pages, PDF Format)

1. provides **information that is not commonly known** about the causes of FMS, such as the **biochemical and bioelectrical causes** and how to correct them, which makes Dr. Smith's book "a first."
2. reveals that that Fibromyalgia is not a medical syndrome, but a **Clinical Nutrition Syndrome**. This explains why clients report medical treatment (drugs) and other manipulative therapies (physical therapy, chiropractic and massage), either provide minimal, temporary or no relief. Still with no other recourse, when patient is unaware of Clinical Nutrition, the latter is preferred over drug therapy. This is because drug therapy, due to symptom suppression and side effects, often makes FMS patients worse, with increase severity and frequency with long-term drug use. **Side effects are new symptoms of vitamin and mineral deficiencies caused by the toxic chemicals and metals in the drugs, which only intensifies and complicates biochemical challenges associated with FMS.**
3. explains how to assist the body in **repairing and regenerating new healthy cells and tissue**, which is the first step to lasting healing and health restoration.
4. clinical nutrition protocols **get at the cause**, so symptoms leave due to the body receiving what it needs to repair and heal, instead of suppress symptoms with drugs. Drugs make the patient "think" they are getting better, when they are not. Symptoms in time resurface and may even return more severe due to delays in healing. They may even resurface with additional health challenges caused by the side effects.
5. reports the results of a **key clinical nutrition scientific study on FMS**, which includes a list of the **most reactive foods and toxic substances that aggravate FMS**.
6. shares four of Dr. Smith's **actual case histories**, including before and after exam results. For example, her first diagnosed FMS case, Joe, was in wheelchair when he presented himself to Dr. Smith and two months later he was playing golf.
7. **Clinical Nutrition Therapy** is the missing link in the treatment of Fibromyalgia and without it, all other therapies provide only temporary relief, if any at all.



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8. After reading this e-book, the reader will be highly encouraged that not only have they have finally found the answer to Fibromyalgia, they have found a **safe and effective** way to assist their body in restoring overall health and how to maintain optimal health for the rest of their life.
9. and much, much more.

TO SCHEDULE CONSULTATION WITH DR. SMITH TO DISCUSS YOUR FMS HEALTH CHALLENGES, CALL (940) 761- 4045

ABOUT DR. SMITH

Dr. Donna Smith has a Ph.D. in Clinical Nutrition, is a Naturopathic Doctor (N.D.), a Board Certified Clinical Nutritionist (C.C.N.), Certified Dietitian-Nutritionist (C.D.N.), and a Canadian Chartered Herbalist (C.H.).

Dr. Smith is also a Free Lance Nutritional Health Writer and has written over 100 articles for Internet and traditional magazines, such as the **American Chiropractic Magazine, the largest chiropractic magazine in the United States.**

Some of her best selling e-books has been listed below. She is frequently invited to speak on NBC and ABC local networks, and at clubs, hospitals, universities and corporations on a variety of nutrition and health-related topics, such as, the national groups of scientists and biochemists at the **American Society of Clinical Laboratory Science (ASCLS), International and American Associations of Clinical Nutritionists (IAACN), Stephen F. Austin University, Midwestern State University,** Optimist Clubs, Toastmasters, Business and Professional Women's Club, Women Entrepreneurs, Worksite Wellness, American Heart Association, Parkinson's Group, and St Gobain Corporation, to name a few.

Dr. Smith owns **Advanced Clinical Nutrition (est. 1981)** in Wichita Falls, Texas, where she provides a **Clinical Nutrition Analysis or Interpretation of Laboratory Tests (blood, urine, saliva, stool and hair)** to identify and correct dietary, vitamin and mineral deficiencies adversely affecting the healthy function of the human mind and body.

From the findings of these scientific Laboratory Reports, Dr. Smith designs and dispenses therapeutic, whole food supplements, available only through nutritional health care providers, and a Dietary Plan, which is a list of foods selected for the food chemistry's positive effect on the individual's biochemistry, which is also based on test results.

Dr. Smith's Clinical Nutrition Services are also provided to **Healthcare and Fitness Providers**, who want to offer clinical nutrition services to their patients/clients, yet do not have the time or training to do so.

Clinical Nutrition Testing, Therapy, and Personalized Dietary and Lifestyle Education Services are provided by mail, e-mail and telephone consultations. A.C.N. clients save money as there are no in-office appointment fees, gas expense to/from appointments or time away from home or work for nutritional services. Lab Kits are mailed to the clients' homes, where they collect the samples and mails them directly to our Labs.

Dr. Smith has over 90% success in helping her clients improve their health, increase energy, balance hormones, improve mental function, strengthen joints, muscle, immune system, restore over-all organ/gland function (including the hair system to restore its natural color), manage weight, prevent/reverse disease and



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enhance life and/or sports performance. Her clientele encompasses 36 U.S. States and five international countries.

For more information, to order a clinical nutrition analysis and laboratory tests, and to contact Dr. Smith, call (940) 761-4045 or e-mail at Services@AdvancedClinicalNutrition.com. Meanwhile, please browse www.AdvancedClinicalNutrition.com to subscribe to Dr. Smith's FREE Newsletter, read Free Articles by Dr. Smith and view *Dr. Smith's Secrets To Healing* TV shows and slide presentations. You may also view Dr. Smith's TV Shows and videos on YouTube.com/DrDonnaFSmith, post questions on her blog at DrDonnaSmith.blogspot.com and follow her on Twitter.com/DrDonnaSmith and Facebook.com/DonnaFSmithPhD.

E-BOOKS BY DR. SMITH

- Anti-Aging Personal Care Program (Hair, Skin, and Nails) – over 200 Pages
- Dental Health Program – The Dangers of Traditional Dentistry and an Introduction to Holistic Dentistry (169 pages – articles, charts, forms and therapeutic supplement information for acute symptoms (toothaches), chronic dental health challenges (abscesses, gum disease) and dental health (how to internally repair and strengthen teeth and gums).
- Fibromyalgia – A Clinical Nutrition Syndrome” (68 Pages).
- Dr. Smith's Hair Restoration Program – Anti-Grey, Hair Loss & Other Hair/Scalp Solutions (61 Pages).
- Lyme's Disease – Clinical Nutrition Approach To Healing (32 Pages).
- 15 False Assumptions the Public Make About Vitamins and Other Supplements.

DISCLAIMER

Information is provided for nutritional education purposes only and not for the diagnosis or treatment of any medical condition, disorder or disease. Present laws indicate that the author must advise you to seek medical attention for your disease, if you have one. Choosing to do so, or not, is your constitutional right and you are ultimately the only person who is responsible for any decisions, risks or actions you take regarding the care of your mind and body. This author's intention is to provide health care education from a nutritional biochemical perspective so you are equipped to make an informed decision.