

# (Skin, Hair and Nails) ADVERTISEMENT

## **Table of Contents**

WEBPAGE TITLE	1
FEE	
E-BOOK AND WEB PAGE	
WHAT YOU WILL LEARN	
WHAT CLIENTS REPORT	
HERE IS ONE SKIN CARE PRODUCT DIFFERENCE	
ANTI-AGING TELEPHONE CONSULTATION	
THE COMPLETE ANTI-AGING PROGRAM (Internal And External)	
THE TRUE FOUNDATION OF YOUTH	
TO ORDER CALL (940) 761- 4045	
ABOUT DR. SMITH	
E-BOOKS BY DR. SMITH	
DISCLAIMER	

#### WEBPAGE TITLE

Webpage Title: AntiAging-Skin, Hair, Nails

**FEE** 

\$97.00 – Anti-Aging Personal Care Program E-Book Also includes: 30-Minute Telephone Consultation with Dr. Smith Skin Care Evaluation Valued at \$250.00

Whether you choose to schedule the Telephone Consultation with Dr. Smith or not, be sure to complete the Skin Care Questionnaire so Dr. Smith may provide your Skin Care Evaluation. This is essential to determine the specific personal skin care products you need to succeed in improving your skin. This information can be provided by email or at the time of your Consultation.



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To assure your healing and skin care maintenance success Dr. Smith has develop this program using specific organic and highly-charged live nutrients and thus all personal care products discussed in the ebook are provided through **Advanced Clinical Nutrition** 

#### E-BOOK AND WEB PAGE

#### **Includes:**

- 1. Passcodes and link to webpage to download the "Anti-Aging Personal Care Program" e-book,
- 2. the "Toxic Personal Care Products" list for Hair, Skin, Nails and Hormone Products" so you may evaluate the products you have been using for what is really in them. This will also assist you in making future informed choices about any personal care produce you choose to purchase.
- 3. provided an Essential Oils website link to a company that Dr. Smith will refer you to for some personal care products when/if you need them.
- 4. Skin Care Questionnaire After payment, you will be directed to a web page on our site that provides a direct link to this Questionnaire or you may scroll down the Table of Contents to E-Books By Dr. Smith on our website. With your mouse pointer over the title "E-Books By Dr. Smith" you will observe several pop-out web pages. The first one is the Skin Care Questionnaire. Answer to questions will assist Dr. Smith in designing your personalized skin care program.

## WHAT YOU WILL LEARN

- This e-book lists and explains uses of each skin and hair care product provided through Advanced Clinical Nutrition.
- Dr. Smith explains the biochemical and bioelectrical principles for healthy skin, hair and nails so you will truly understand how these body systems work and how to develop a Daily Maintenance Regime, how to enhance it for special skin conditions, for example, how to slow down the aging process and restore the health of your skin when damaged aged skin.
  - O Be sure to read about Melynda's improvement using Dr. Smith's Anti-Aging Program on her damaged and aged skin. This provides a progress report with charts over the first 10 months on her program and is provide as Free Bonus Report for visitors to our e-Book webpage.
- When you complete this ebook you will be amazed as how well equipped you will be to improve
  and maintain healthy skin, hair and nails. Dr. Smith even covers how to heal warts, moles and
  skin tags and why mole are much more dangerous than what the public has been lead to believe.
- The above is a minute list of the information you will learn when you read your copy of this ebook.



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 Reference is included in the e-book about a biochemical test that can actually identify whether rapid "aging" is occurring with your body.

### PERSONAL CARE PRODUCTS

- Products are organic, pure, contain no chemicals or metals, and actually nourish and repair skin, hair and nail cells and tissue. They are live and highly-charged which is what is required to heal and repair cells and tissue. What live and highly-charged nutrients are is explained in the ebook.
- Many products sold to the public claim they are pure, all natural, herbal and/or chemical-free, however, they are not. To understand the truth of this statement, you will be provided the "Toxic Personal Care Products" list of chemicals and other toxic substances frequently found in personal care products so you may observe those that are listed in the ingredients for the personal care products you have been using.
- Also educational information is provided about personal care products that is not commonly known.
- Regarding nails, preventive health care information has also been provided in this to e-book and
  facts on the adverse effects of nail products used today and how to minimize their adverse effects
  on the nails, as well as the entire body.

If you currently have fungus in finger or toe nails, please contact Dr. Smith for more information.

### WHAT CLIENTS REPORT

Clients report improved quality of skin and hair within weeks of using personal care products recommended by and purchased through Dr. Smith and to the amazement of clients with damaged skin, this includes growing new healthy skin and tissue to replaced damaged, aged and wrinkles skin.

Poor quality skin becomes healthy again and skin impurities are detoxified through all layers of the skin to the cells, so you can truly attain "pure" skin.

Dr. Smith's Anti-Aging Program provides ongoing nourishing, nutrient repletion, healing and repair of skin, hair and nail cells and tissue. Therefore, clients report ongoing and additional benefits with regular and longer use as directed...



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#### HERE IS ONE SKIN CARE PRODUCT DIFFERENCE

There is a huge difference between...:

- A. nourishing and repairing wrinkled and poor quality skin with highly-charged, live whole foods nutrients, herbs and essential oils and
- B. manipulating skin ecology and texture temporarily by using skin care products on the market today, which also leads to damaging skin and/or medicating the skin to suppress the toxicities in the skin so they will not surface. No surfacing means they will not damage or cause the skin to look unhealthy, however, when the toxins remain in the body, in time, they cause disease.

Because it is part of the healing system of the body to try to remove these toxins in any way they can, the body will continue to try to use the skin for detoxification, which causes repeated acne, blemishes and other skin conditions. Why the skin? Because it is the largest organ of the body so there are lots of place for toxins to surface.

Dr. Smith's ebook will coach you on how to work with, not against, the body's detoxification system.

There is also a difference between:

- A. Skin with scars and wrinkles that have been present for years that can still be repaired.
- B. Those that are permanently damaged and cannot be healed (repaired).

Most personal care products on the market today are filled with chemicals, metals and other toxic substances. They may appear to have some benefits in the beginning, we, yet in time, there are no ongoing benefits observed. Even those that appear to have ongoing benefits will actually lead to permanently damaging the skin due to the toxic substances.

If you have had poor skin quality, blemishes, acne, scars, wrinkles, etc., for years, this does not necessarily mean that your skin is permanently damaged. Even clients who have been told this by skin care specialists and dermatologists soon realized that what they meant was their skin at that time was too damaged for their medicated products to manipulate the biochemistry and ecology of the skin. Dr. Smith's Anti-Aging Program has proven this.

It is possible to wait until it is too late to heal severely damaged and wrinkled skin. However, we have not met a client who was unable to improve the quality of their skin using the information in this ebook. Even clients who "think" it is too late have been delighted to experience improvement above and beyond their expectations. Still the bottom-line is the sooner you start the greater your opportunity to reverse the aging process in your skin before it is too late.



# (Skin, Hair and Nails) ADVERTISEMENT

### ANTI-AGING TELEPHONE CONSULTATION

At this consultation with Dr. Smith, you are coached on:

- 1. how to use <u>external</u> skin, hair and nail personal care products, i.e., a verbal walk-through of the e-book contents,
- 2. clarify any information about the <u>internal</u> biochemistry of the aging and anti-aging processes and
- 3. an provide an overview of how to test and correct abnormal internal biochemistry to assure healing when the inside of the body is the cause for the condition of the outside (skin, hair, and nails).
- 4. Your Personalized Skin Care Program Using the information provided on the Skin Care Questionnaire, Dr. Smith will design and coach you on your personalized skin care program. In other words, the specific products you need to bring the best results for your skin.

When you purchase skin care products from a cosmetic dealer or distributor, they often provide free consultations in the how to use of their products. As you can see from the above, this consultation with Dr. Smith is much more that personal product usage, it is about "anti-aging" – covering everything you need to know to slow down the internal and external aging processes and reverse present signs of external aging, where possible. And much, much more – over 200 pages more.

### THE COMPLETE ANTI-AGING PROGRAM (Internal And External)

#### includes:

- 1. the external personal care program explained in the Anti-Aging Personal Care Program (Skin, Hair and Nails) e-book,
- 2. **Dr. Smith's Dental Health Program** (169 pages) includes e-book, charts, diagrams, articles and product information to strengthen and improve teeth and gum for a healthier smile, as well areas of the body being adversely affected by unhealthy teeth/gum or standard dental procedures, such as mercury fillings, root canals and implants.
- testing your biochemistry so you may correct abnormal findings utilizing a specific Clinical Nutrition Therapeutic Supplement and Dietary Programs based on test results for <u>internal</u> anti-aging.

Some choose to engage all three steps at one time, others start with one and add the others as soon as possible. For example, some begin with #1 and work down the list; others start at #3, then go to either #1 and then to #2 or #2 then to #1. Each choose according to their own personal priorities and needs



# (Skin, Hair and Nails) ADVERTISEMENT

#### THE TRUE FOUNDATION OF YOUTH

Many people change personal care products as often as annually or bi-annually, forever looking for the foundation of youth in a bottle. This is futility. It is also costly. The foundation of youth lies in your biochemistry. The biochemistry of your skin, the biochemistry of your hair, nails and your internal biochemistry that promotes health, prevents disease and slows down the aging process. What is the aging process? The degeneration of your cells and tissue – which causes rapid aging when you do not what your body needs to "regenerate" new healthy cells and tissue, internally and in the skin, hair and nail cells and tissue.

So take advantage of the Anti-Aging Telephone Consultation with Dr. Smith and purchase this consultation with your Anti-Aging Personal Care Program e-book.

#### TO ORDER CALL (940) 761-4045

#### **ABOUT DR. SMITH**

**Dr. Donna Smith** has a Ph.D. in Clinical Nutrition, is a Naturopathic Doctor (N.D.), a Board Certified Clinical Nutritionist (C.C.N.), Certified Dietitian-Nutritionist (C.D.N.), and a Canadian Chartered Herbalist (C.H.).

Dr. Smith is also a Free Lance Nutritional Health Writer and has written over 100 articles for Internet and traditional magazines, such as the American Chiropractic Magazine, the largest chiropractic magazine in the United States.

Some of her best selling e-books has been listed below. She is frequently invited to speak on NBC and ABC local networks, and at clubs, hospitals, universities and corporations on a variety of nutrition and health-related topics, such as, the national groups of scientists and biochemists at the American Society of Clinical Laboratory Science (ASCLS), International and American Associations of Clinical Nutritionists (IAACN), Stephen F. Austin University, Midwestern State University, Optimist Clubs, Toastmasters, Business and Professional Women's Club, Women Entrepreneurs, Worksite Wellness, American Heart Association, Parkinson's Group, and St Gobain Corporation, to name a few.

Dr. Smith owns **Advanced Clinical Nutrition (est. 1981)** in Wichita Falls, Texas, where she provides a **Clinical Nutrition Analysis or Interpretation of Laboratory Tests (blood, urine, saliva, stool and hair)** to identify and correct dietary, vitamin and mineral deficiencies adversely affecting the healthy function of the human mind and body.

From the findings of these scientific Laboratory Reports, Dr. Smith designs and dispenses therapeutic, whole food supplements, available only through nutritional health care providers, and a Dietary Plan, which is a



# (Skin, Hair and Nails) ADVERTISEMENT

list of foods selected for the food chemistry's positive effect on the individual's biochemistry, which is also based on test results.

Dr. Smith's Clinical Nutrition Services are also provided to **Healthcare and Fitness Providers**, who want to offer clinical nutrition services to their patients/clients, yet do not have the time or training to do so.

Clinical Nutrition Testing, Therapy, and Personalized Dietary and Lifestyle Education Services are provided by mail, e-mail and telephone consultations. A.C.N. clients save money as there are no in-office appointment fees, gas expense to/from appointments or time away from home or work for nutritional services. Lab Kits are mailed to the clients' homes, where they collect the samples and mails them directly to our Labs.

Dr. Smith has over 90% success in helping her clients improve their health, increase energy, balance hormones, improve mental function, strengthen joints, muscle, immune system, restore over-all organ/gland function (including the hair system to restore its natural color), manage weight, prevent/reverse disease and enhance life and/or sports performance. Her clientele encompasses 36 U.S. States and five international countries.

For more information, to order a clinical nutrition analysis and laboratory tests, and to contact Dr. Smith, call (940) 761-4045 or e-mail at <a href="mailto:services@AdvancedClinicalNutrition.com">Services@AdvancedClinicalNutrition.com</a>.

Meanwhile, please browse <a href="mailto:swww.AdvancedClinicalNutrition.com">www.AdvancedClinicalNutrition.com</a> to subscribe to Dr. Smith's FREE Newsletter, read Free Articles by Dr. Smith and view <a href="mailto:Dr. Smith">Dr. Smith</a> secrets To Healing TV shows and slide presentations. You may also view Dr. Smith's TV Shows and videos on <a href="mailto:YouTube.com/DrDonnaFSmith">YouTube.com/DrDonnaFSmith</a>, post questions on her blog at <a href="mailto:DrDonnaSmith.blogspot.com">DrDonnaSmith.blogspot.com</a> and follow her on <a href="mailto:Twitter.com/DrDonnaSmith">Twitter.com/DrDonnaSmith</a> and Facebook.com/DonnaFSmithPhD.

#### E-BOOKS BY DR. SMITH

- Anti-Aging Personal Care Program (Hair, Skin, and Nails) over 200 Pages
- Dental Health Program The Dangers of Traditional Dentistry and an Introduction to Holistic Dentistry (169 pages articles, charts, forms and therapeutic supplement information for acute symptoms (toothaches), chronic dental health challenges (abscesses, gum disease) and dental health (how to internally repair and strengthen teeth and gums).
- Fibromyalgia A Clinical Nutrition Syndrome" (68 Pages).
- Dr. Smith's Hair Restoration Program Anti-Grey, Hair Loss and Other Hair/Scalp Solutions (59 Pages).
- Lyme's Disease Clinical Nutrition Approach To Healing (32 Pages).
- 15 False Assumptions the Public Make About Vitamins and Other Supplements.

#### DISCLAIMER

Information is provided for nutritional education purposes only and not for the diagnosis or treatment of any medical condition, disorder or disease. Present laws indicate that the author must advise you to seek medical attention for your disease, if you have one. Choosing to do so, or not, is your constitutional right and you are ultimately the only person who is responsible for any decisions, risks or actions you take regarding the care of your mind and body. This author's intention is to provide health care education from a nutritional biochemical perspective so you are equipped to make an informed decision.