



What Is In Our Cells Proves What Heals Our Body

By Dr. Donna F. Smith

THE PATHWAYS OF METABOLISM INSIDE THE CELL

Carbohydrates, Fats and Proteins are broken down and ultimately turned into ATP (energy). All of these pathways can also be reversed to build up carbohydrates, fats and proteins for re-building and repairing body structures and functions. This information has been mysteriously left out of textbooks for the last 30 years or so.

