



Advanced
CLINICAL
Nutrition

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GUIDELINES TO SELECT BIOCHEMICAL TESTS

If You Have Symptoms in Column #1 Body Areas, Choose Biochemical Testing in Column #2.

BODY AREAS (Systems, Organs, Glands)	BIOCHEMICAL TESTING
Adrenals (Fatigue, Tiredness, Insomnia)	Adrenals or Neurohormones and Tissue Mineral Hair Analysis (TMA)
Cancer, Tumor, Growth, or anyone over 45 years.	Blood Chemistry (Preventative), Urinalysis (UA), Neurohormones (NH), Stool Chemistry with Parasitology (SC-P) and Tissue Mineral Hair Analysis (TMA)
Cardiovascular (Anemia, Hi/Lo Blood Pressure, Heart, Circulation, Spleen)	Blood Chemistry (Comprehensive or Preventative), Urinalysis (UA), and Tissue Mineral Hair Analysis (TMA)
Gastro-Intestinal System (Hypoacidity, Overacidity, GERD, Heartburn, Bloating, Protruding Stomach, Stomachaches, Diarrhea, Constipation, Vomiting, Hi/Lo Blood Sugar, Insulin Production Dysfunction.)	Stool Chemistry (With Parasitology Preferred), Tissue Mineral Hair Analysis (TMA), and Blood Chemistry (Comprehensive).
Hair and Scalp (Hair loss, thinning, grey, dandruff, sores, etc.)	Tissue Mineral Hair Analysis (TMA)
Immune & Lymphatic Systems (Hyper and Hypo-Immune)	Blood Chemistry (Comprehensive or Preventative) and Tissue Mineral Hair Analysis (TMA)
Kidneys/Bladder (Incontinence, pain when urinating, etc.)	Blood Chemistry (Comprehensive or Preventative), Urinalysis (UA) and Tissue Mineral Hair Analysis (TMA)
Liver, Gall Bladder, Bile Duct (side, under ribs or shoulder pain, sleeplessness)	Blood Chemistry (Comprehensive or Preventative) and Tissue Mineral Hair Analysis (TMA)
Lungs/Sinuses (Difficulty breathing, wheezing, coughing, runny nose, allergies, asthma, etc.)	Blood Chemistry (Comprehensive or Preventative) and Tissue Mineral Hair Analysis (TMA)
Metabolism (weight loss/gain; body temperature symptoms)	Blood Chemistry (Comprehensive or Preventative), Stool Chemistry with or without Parasitology, Glucose, A1-C, & Tissue Mineral Hair Analysis (TMA).
Musculo-Skeletal System (Pain, discomfort, and/or stiff Bones, Joints, Muscles, Connective Tissue, Nerves)	Blood Chemistry (Comprehensive or Preventative), Tissue Mineral Hair Analysis (TMA), and Bone Resorption Urine Test (Bone Density testing alone is not sufficient.)
Neurological (Nervous System) (Twitching, shaking, brain/mental symptoms, etc.)	Neurohormones, Tissue Mineral Hair Analysis (TMA), and Blood Chemistry (Preventative)
Pancreas – Glucose Intolerance (Hypo- and Hyper-glycemia)	Blood Chemistry (Comprehensive or Preventative), A1-C; Adrenals or Neurohormones; and Tissue Mineral Hair Analysis (TMA)
Pituitary, Hypothalamus, Thymus (Dizziness; Brain/Mental Symptoms, Growth Challenges, Male/Female Hormone Symptom)	Blood Chemistry (Comprehensive and Preventative); Neurohormones; and Tissue Mineral Hair Analysis (TMA)
Reproductive / Sex Organs (Fe/Male) – Ex: Male/Female Hormone Imbalance, Infertility, Menstrual Irregularities, Menstrual Cramping, PMS, Ovarian Dysfunction, Dysplasia, Fibrocystic, Menopause and Andropause (Male Menopause), Impotence, Enlarged Prostate, Anxiety, Depression, Brain Fog, Other Mental Health Challenges, Weight Gain, etc.	<u>Tests Needed (3):</u> Neurohormones (Brain Neurohormones, female, male, and adrenals), Blood Chemistry (Comprehensive or Preventative); and Tissue Mineral Hair Analysis (TMA). If a menstruating woman, also ask about our Rhythm Panel.
Thyroid (Hypo- and Hyper-Thyroid Dysfunction)	10 Thyroid Blood Chemistry Tests & Tissue Mineral Hair Tests
♦ Area Not Listed In Most Frequently Ordered Above, Choose Minimal at Least? ►	Blood Chemistry (Comprehensive or Preventative), and Tissue Mineral Hair Test first.
♦ Multiple Areas? Choose ►	Blood Chemistry (Comprehensive or Preventative), Neurohormones, and Tissue Mineral Hair Test
♦ Multiple Severe Areas or Critical/Time Sensitive ►	Blood Chemistry (Preventative), Urinalysis (UA), Neurohormones (NH), Stool Chemistry with Parasitology (SC-P) and Tissue Mineral Hair Analysis (TMA)

For Fastest healing results, order all tests at one time. If finances are limited, order presented above. No Refund or Return.