

Mila™ and the World Vision

Ordinary Salvia Hispanica L seeds contain Fiber and trace amounts of the following nutrients: Omega-3s, Protein, Phytonutrients, Anti-Oxidants and Protein. There are no Salvia Hispanica L strains in the world that yield *high levels* of more than two of these four nutritional components.

Climate, region, rainfall, soil, and elevation all play an integral role in the nutritional composition of this seed and Dr. Wayne Coates, the world's foremost Salvia Hispanica L authority, oversees all of our crops. His masterpiece, Mila™, is a proprietary mixture of Salvia Hispanica L seeds that contain significant, high quantities of Omega-3s, Protein, Phytonutrients, Anti-Oxidants, Protein and Fiber.

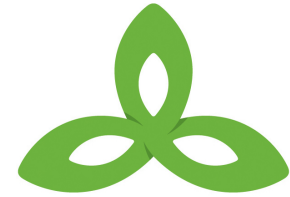
Our seeds are grown and harvested between the Tropics of Cancer and Capricorn and many of the seeds that fall short of the Mila™ grade will be donated to feed the world's impoverished people.

In the areas where Salvia Hispanica L will grow, Lifemax and Dr. Wayne Coates are fully committed to providing the knowledge, the equipment and the resources to help eradicate starvation. This seed will create an economic infrastructure that will change both the health and the wealth of the world. We need *your* help to accomplish this goal.



**Brian & Meredith
Bilbro**
Founding Distributors
The Miracle seed, Mila™

843.200.2610 - Brian's mobile
843.670.5287 - Meredith's mobile
themiracleseed@gmail.com - email
www.themiracleseed.com



Lifemax



Omega-3s... the healthy fats

Your doctor may have recommended “fish oil”, or “Omega-3s” to you, but why? Because Omega-3s improve the biological functions and the overall condition of the heart, brain, joints, skin, hair, nails and digestive system.

The American Heart Association states that the consumption of Omega-3 fatty acids will reduce the risk of cardiovascular disease (heart attack, high cholesterol, triglycerides, atherosclerosis, hypertension and stroke). Omega-3 endorsements have also been made by the Harvard Medical School and by both traditional and holistic health care professionals from around the world.

The first symptom of any disease is inflammation and Omega-3s are nature’s anti-inflammatory.

Omega-3s promote joint comfort while Motrin and other pain medications have been shown to damage the liver and stomach when taken excessively.

Omega-3s help those who suffer from depression by regulating mood, mental acuity, temperament and a sense of well-being.

Omega-3s are required for proper insulin function.

Omega-3s help to reduce fat cells in the body.

Omega-3s aid the healing process and inhibit the onset of osteoporosis.

Omega-3s are required for optimal liver, kidney and organ function.

Omega-3s are essential for a healthy pregnancy.

Omega-3s impede the development of cancer cells as do phytonutrients such as lignans.

Lignans

Lignans are a phytonutrient. Studies indicate that lignans may hinder the development of breast, prostate, colon, and other cancers. Research has shown that people who excrete high amounts of lignans through their urine have lower cancer rates. Phytonutrients are a significant nutritional component of a healthy lifestyle and diet.

Mila™ Nutritional Comparisons Gram for Gram:

- 700% more Omega-3s than Salmon
- 500% more Protein than Kidney Beans
- 500% more Calcium than Whole Milk
- 300% more Selenium than Flax Seed
- 200% more Iron than Spinach
- 100% more Potassium than Bananas
- 100% more Fiber than Bran Flakes
- More Lignans & Fiber than Flax Seed
- More Antioxidants than Blueberries

Food	Calories Per 100g	Protein %	Lipids %	Carbs %	Fiber %
Mila™	506	24.4	31.2	32	36.6
Rice	358	6.5	0.52	79.1	2.8
Barley	354	12.5	2.3	73.5	17.3
Oats	389	16.9	6.9	66.3	10.6
Wheat	339	13.7	2.5	71.1	12.2
Corn	365	9.4	4.7	74.3	3.3
Soy Beans	446	36.5	19.9	30.2	5.3

100% Whole Raw Food

Gluten-Free and Non-GMO

Only \$1.57 per daily serving

Flax Seed and Fish Oil Warnings

The FDA has never cleared flax seed as a food or supplement. Human consumption of flax seed is prohibited in France and limited in Switzerland, Germany and Belgium. Flax seed contains both a thyroid interrupter and a vitamin B interrupter. Women who are pregnant are advised not to take flax seed. Once ground, flax seed starts to oxidize and is highly perishable.

Fish oils may contain significant amounts of PCBs mercury, dioxin or other toxic contaminants. As an animal byproduct, fish oils contain saturated fats. Fish oil capsules have a limited shelf life and for many, a very unpleasant after-taste which can last for several hours.

Energy

Mila™ contains more protein than kidney beans, will absorb 15 times its weight in water and digests very slowly. Hydration and nutrition are delivered over time which may lead to improved stamina, strength and overall performance. Mila™ also has the ideal ratio of Proteins, Fats and Carbohydrates.

Health and Wellness Benefits

1% of your cells regenerate every day and after 3 months, nearly every cell in your body is replaced. Nutritious food provides the building blocks for healthy new tissue and cells. Mila™ is the single most nutritious food that you can eat.

The Optimal Delivery System For Omega-3s

Only 2% of the world’s population consumes the Recommended Daily Allowance of Omega-3s. One single serving of Mila™ contains 3,000 mg of the safest and richest natural source of Omega-3s known to exist. Unlike flax seed, Mila™ has no restrictions and can be cooked up to 500° F. It is both odorless and tasteless and has been cleared by the FDA as a food. Mila™ is nature’s most healthy and most versatile whole raw food. Get started and feel the power of Mila™ today.