



# EMF REMEDIATION

EMF Protection AND Energy Enhancement

By Dr. Donna F. Smith

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## INTRODUCTION

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Harmful Electro-Magnetic Fields (EMFs) and Artificial Electrical Frequencies (AEFs) from all electrical and battery-operated device, equipment, appliance, furnishing, and machine are a cause of pain and other symptoms that is not well-known. Since the first man-made electrical and battery-operated invention, harmful EMFs and AEFs frequencies have been having subtle, constant, accumulating adverse effects on the healthy function of the human mind and body. Why?

- Because both loosely circulating frequencies and the frequencies that did not pass through the body, but accumulate and embed in cells and tissue over time, interfere with, inhibits, short-circuits, redirects and/or stops cell-to-cell communications through the human mind and body's electrical system, which is the Brain and Nervous System.
- They also produce static, chaotic electrical frequencies that circulate in the space and are held within the inanimate objects around you, so you are constantly being re-exposed to these abnormal frequencies, as well as the new harmful EMFs and AEFs you are exposed to every minute of every day.
- Harmful EMFs and AEFs not only cause biological, biochemical and bioelectrical imbalances and dysfunctions within the body, leading to EMF/AEF-related illnesses and diseases, they can interfere with your body's ability to heal itself from any other cause of imbalance, dysfunction, illness or disease, and the symptoms they produce.

Because their adverse effects have been subtle, taking years for their accumulated, embedded and ongoing exposures to result in illnesses and diseases, many people have been unaware of the adverse effects of EMFs and AEFs on their mind and body, until recent media, reporting on the development of tumors from cell phone usage, brought this to the public's attention.

For a number of years now many homes have been using electrical devices for pest control, considering this as a healthier alternative to using chemicals, which would be true, if these devices were safe for humans. These pest-control electrical devices emit frequencies that damages and



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destroys the electrical system within insects and thus kills them. The electrical principles upon which these devices operate, and their fatal results on insects, is a good example of what can occur in time to humans because of accumulated and embedded EMFs and AEFs in human cells and tissue of their organs, glands and body systems and the havoc caused in transit by the frequencies that are able to pass through the body.

These electrical pest control devices emit a strong enough frequency to instantly destroy insects, but not strong enough to immediately kill humans, so manufacturers consider them safe for humans. However, their frequencies are still harmful to the human mind and body because their subtle, accumulate, harmful electrical frequencies embed in human cells and tissue and in time, cause symptoms from the dysfunctions, illnesses and diseases they cause, just like the re-exposures to static, chaotic frequencies in space and inanimate objects, as well as the new exposures to EMFs and AEFs occurring daily from all other electrical and battery-operated devices, appliances, equipment, furnishings, and machines, as mentioned above. Those who use these pest-control devices also think their frequencies are safe because they do not experience any immediate recognizable effect on their bodies or the other humans in the household, nor do not realize that these devices are also increasing their total burden of harmful EMF and AEF exposure.

Therefore, to help you more fully understand harmful Electro-Magnetic Fields (EMFs) and Artificial Electrical Frequencies (AEFs), I have written this introductory article to:

- Define **Electro-Magnetic Fields (EMF)**,
- Explain what changes them to being harmful to the human body, our environment and earth, and
- Provide healthy solutions to correcting harmful EMFs and AEFs, which is called “**EMF Remediation.**”
- Provide an overview of how you use EMF Products for Remediation.
- Share how EMF Remediation is more than just EMF Protection.
- Defines the two purposes and three Levels of EMF Remediation.
- And provide any other information you need to become up-to-date on EMFs and AEFs.

Please do not take this information lightly as each day you delay in completing the steps to EMF to clear these frequencies from your body, home, property and inanimate objects and remediate them so you are not re-exposed to the health of your mind and body, as well as your longevity, continues to be adversely affected.

**With the knowledge in this article, you will be able to make an informed decision regarding where you want to get start to clear, remediate, protect and enhance your body, home, property, and inanimate objects to prevent the adverse consequences of EMFs and AEFs, as well as obtain the many, even profound, benefits discussed in this article, once you have completed each step for Level I and II EMF Remediation.**

These few steps are simple, easy, take minimal time and EMF Products are one-time purchases.



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## WHAT ARE ELECTRO-MAGNETIC FIELDS?

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### What are Electro-Magnetic Fields (EMF)?

An **electromagnetic field** (also **EMF** or **EM field**) is a physical field produced by moving electrically charged objects. It affects the behavior of charged objects in the vicinity of the field. The electromagnetic field extends indefinitely throughout space and describes the electromagnetic interaction. It is one of the four fundamental forces of nature (the others are gravitation, the weak interaction, and the strong interaction).

The field can be viewed as the combination of an electric field and a magnetic field. The electric field is produced by stationary charges, and the magnetic field by moving charges (currents); these two are often described as the sources of the field. The way in which charges and currents interact with the electromagnetic field is described by [Maxwell's equations](#) and the [Lorentz force law](#).

The earth is surrounded by an EMF, which separates and protects the earth (its substance and inhabitants) and earth's energy from "outer" space energy. Everything on earth, including the human body, then, is positively (i.e., healthfully) affected by the earth's energy and Electro-Magnetic Field energy frequencies. So the problem is not with Electro-Magnetic Fields, the problem is that man-made, artificial electricity adversely changes healthy EMFs to static, chaotic and harmful electrical frequencies.

### Causes of Harmful EMFs

Artificial Electrical Frequencies (AEFs) emit from all man-made electrical devices, equipment and machinery. For a few examples:

1. **Light frequencies** from your ceiling or table lamps. The cords on your lamps are plugged into the wall sockets and ceiling lamps are connected to the electrical wiring of the building structure.
2. **Electricity** from other items that are plugged into a wall, such as televisions, computers, exercise equipment, heating pads, electrical blankets, air and heating systems, refrigerators, stoves, washing machines, dryers, and all other appliances. This, also, includes ceiling fans that do not have a light feature.
3. **Electricity** from every battery-operated device or machine, such as cell or wireless phones, cameras, wrist watches, clocks (free-standing or hung on the wall), etc.



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Not only are these artificial electrical frequencies harmful to all living things on earth, AEFs change the frequencies of Electro-Magnetic Fields (EMFs) making them harmful to all living things on Earth, as well as the Earth itself. For brevity's sake, verbal and written references to "harmful" Electro-Magnetic Fields (EMFs) and Artificial Electrical Frequencies (AEFs) will be referred to as just Electro-Magnetic Fields or EMFs.

Therefore, when we speak of EMF Protectors, such as a product for your cell phone, this refers to protecting healthy Electro-Magnetic Fields and the earth's energy from being adversely affected by artificial electrical frequencies, not protecting your body from actual Electro-Magnetic Fields.

In other words, when you read information about or references to Electro-Magnetic Fields or EMFs, such as the information in this article, this one term includes two things:

1. **Electro-Magnetic Fields that have become harmful** because the healthy EMFs have been changed (distorted) by adverse effect of artificial electrical frequencies.
2. **Artificial electrical frequencies**, themselves.

## Diagram of Healthy (Ideal) and Harmful Electro-Magnetic Fields

The diagram on the left demonstrates the healthy flow of Electro-Magnetic Fields into and around the human body. The right diagram demonstrates harmful EMFs (static and chaotic electrical frequencies) caused by artificial electricity that surround, enter and pass through the human body.

The Ideal Field



Harmful Static Chaotic Electricity





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As harmful Electro-Magnetic Fields enters the body, they:

Remediate

- Disrupt the function of the human body's electrical system by distorting, blocking and altering electrical cell-to-cell communications.
- Drain from the body, the healthy energy made from the cells
- Deplete nutrients from the cells,
- Disturb brain function affecting thoughts, decision-making abilities, and behaviors,
- Interferes with alpha, beta and other brain waves during sleep, so inhibits restful sleep and cellular healing and repair that are supposed to occur during sleep.
- **Just to name a few adverse effects.**

## Embedded EMFs Cause The Most Damage

All of the above is surely bad enough in itself, however, the harmful EMFs that does not pass through the body, stays in the body and becomes embedded in the cells and tissue, then accumulates and causes electrical overload in the cells.

When a cell becomes overloaded with accumulated with artificial electricity, it begins to discharge electricity in all directions, much like a firecracker or 4<sup>th</sup> of July sparkler, thus short-circuiting all the cell-to-cell communications flowing around that cell. This then, accelerates and multiplies the adverse effect of static, chaotic electricity as multiple organs, glands and body systems become affected. .

Additionally, though some harmful EMFs and artificial electricity passes through the body, where do you think it goes? It collects in the air you breathe and the things around you (clothes, furniture, appliances, etc.) and can be held there forever. That is until you breathe that air again or come near these things and the harmful electricity is transferred from those things into your body again and you are re-exposed.

Also, because all man-made electrical and battery-operated devices, equipment and machines are constantly emitting their artificial electrical frequencies every second of every day, you are constantly being adversely affected by new and re-exposed to previous harmful EMFs and artificial electrical frequencies.

The adverse effects of the harmful Electro-Magnetic Fields (EMF) on the human body's electrical system is rapidly become a leading "lifestyle" cause of symptoms of organ, gland and body system dysfunctions, illnesses and diseases today. However, this fact is still not generally known. Why? Because the medical industry (therapy and research) is still focused on treating symptoms with drugs and performing surgeries and Public Education is still "medically" oriented.





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## BRAIN & NERVOUS SYSTEM

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To understand the magnitude of harm that occurs to the mind and body when exposed to EMF electrical frequencies, you must first understand the electrical system of the human body.

The human body is made up of trillions of cells. Organs, glands and body systems are made of tissue that provide their shape and tissue is composed of bunches of cells. .

The bunch of cells that comprise the tissue that shape the organs, glands and body cells have different functions. For example, the cells of the nervous system, called nerve cells or **neurons**, are specialized to carry "messages" through an electrochemical process from cell to cell, whether this is a message from a brain cell to a liver cell or any other cell of the body or from a liver cell to a brain cell or any other cell of the body..

**Electrochemical** means chemicals cause an electrical signal. The term "chemicals" here means the substances the body makes from nutrients. Nutrients are changed in the stomach to substances (or chemicals) that can be used "biochemically" to nourish the cells, cause an electrical signal, stimulate cellular actions, etc.

It is estimated that there are 100 billion (100,000,000,000) neurons (nerve cells) in the human brain, alone.

When a neuron is stimulated, by heat, cold, touch, or some other message, it generates a tiny electrical impulse that travels from cell to cell. Your body's senses take in information and your brain decides how to react. Your eyes may take in light, but your brain interprets what you see. Different parts of the brain have different functions.

**When a function of the internal body is required, such as:**

- **to release Hydrochloric Acid into the stomach to digest food.** If the messages to release HCL did not occur, was delayed, was interfered with, this would cause dysfunction in the body's ability to digest food, and thus the chemicals made from it, would not be present or complete to assist all the cells in the body so they can function.



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- **for the heart to beat** – If messages to/from heart cells are interfered with, blocked, delayed, etc., this could lead to the heart stopping, and death, or messages to thin thick blood did not get transmitted timely and correctly, thick blood could clot and also cause a heart attack.
- **to open and close the ileocecal valve.** Interferences or delays in messages for this function to open the valve means the metabolic by-products from the small intestines cannot enter the large intestines and if it does not receive the messages timely and correctly to close the valve large intestinal waste will enter the small intestines, thus allowing bowel movement substances to infect the entire body when it moves from the small intestines to the blood. Metabolic by-products are the waste produced inside the body from metabolic and cellular activity. Yes, even our cells go to the bathroom.

Therefore, because every human body has an electrical system to communicate (transmit and receive) cell-to-cell functional and operating messages, these artificial (man-made) frequencies that pass through and can settle in the cells of the body can interfere with, distort, obstruct and/or change bio-electrical messages and thus adversely affect the biological, biochemical, bioelectrical, physical and psychology function of the human mind and body.

Are you understanding the magnitude of harm that occurs from daily exposure to new and re-exposure to previous EMFs and the damage within the body, over time, from their accumulated effect when harmful frequencies build-up, settle in and become embedded in cells and tissue?

When assisting our clients in improving their health, we begin with testing for nutritional deficiencies and toxicity. When updated tests indicate that sufficient Clinical Nutrition Therapy has been received to correct the deficiencies and toxicity in a particular organ, gland, or body system, yet that area of the body is still producing symptoms, I then begin to investigate other causes for their symptoms.

For example, when symptoms improve, but not all of the symptoms abate, this means that the symptoms caused by nutritional deficiencies and toxicity, once these two causes have been corrected, are responsible for the “improvement” that has occurred. However, when not all of the symptoms have abated, this means there are other causes adversely affecting the function of that organ, gland, or body system, which is why that area of the body is still producing some symptoms.

Electro-Magnetic Field (EMF) disturbance is one of the first places I look for other causes to perpetuating symptoms because interferences with the





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human body's electrical system can disrupt the function of not just that one area, but everything within the human body.

Information or messages travels at different speeds within different types of neurons (nerve cells). Signals can travel as slow as about 1 mph or as fast as about 268 mph. **Nerve cells can transmit 1,000 nerve impulses or messages per second.**

Considering the many sources for artificial electrical frequencies from every electrical and battery-operated device, equipment and machine you use and are exposed to each day, we cannot even imagine the quantity of EMF exposure our body is subjected to every second or how fast the next EMF frequency enters our body after the last one. Just think of the speed of light, 186,282 miles per second. Traveling at that speed, you can see that every second of every day, communications within all your cells can be adversely effected, resulting in a myriad of disruptions in the function of our organs, glands and body systems.

This alone should impress us tremendously regarding the miraculous design of the human body that can counter, adjust and still functions to the degree that it does until the accumulation of embedded artificial frequencies in the cells and tissue, plus the continued daily exposure to new frequencies, causes an overload and discharges in the body systems, like a bolt of lightning that instantly short circuits the nervous system causing permanent damage to the human body, if the person does not die instantly from the impact.

When discharges occur, the speeds at which organ, gland and body system dysfunctions begin to occur also accelerate expotenciatiy. The person then begins to experience a myriad of new symptoms, or intensification of current symptoms, from multiple organs, glands and body systems.

Are you getting the magnitude of the dangers from artificial electrical frequencies on the earth's Electro-Magnetic Fields and our human body's electrical system?

## Physical Senses Do Not Detect EMF Flow

Electro-Magnetic Fields (EMFs), just like artificial electrical frequencies (AEFs), are:

- Invisible, and
- Cannot be touched, tasted, or smelled.



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Recall the diagram on the static and chaotic electrical energy circulating around, through and into the body on page 5) Is it any wonder then that our scientists, much less the Public, have been unaware of the adverse effects of EMFs?

- Nor heard, except when static and chaotic electricity is:
  - On overload, such as when you hear a popping sound at the moment a circuit breaker blows, or
  - Experiences a surge of electricity or disruption in its flow, such as the moment a light bulb burns out or
  - When you hear static when changing radio channels.

Therefore, unknowingly, people have been suffering mentally, emotionally and physically from the harmful effects of EMFs for many decades before our scientists discovered the alterations in EMFs, the source for the alterations and the adverse effects of EMFs, being a cause or contributing factor to the symptoms, illness and diseases they had.

In fact, people have been suffering since exposure to the first man-made electrical machine invented. Therefore, harmful EMFs are silent and invisible killers.

Though EMFs cannot be detected by your physical senses, they can be tested and measured through electrical diagnostic equipment designed for this purpose, however, this is not a standard piece of equipment that would be an American home today.

So, what is more important is purchasing our EMF products to remediate your home, property, work place and your possessions. Then once this is done, which includes using our modified Laser to clear the EMF frequencies currently in your body and possessions, use our EMF protectors for your body and the possessions with you when away from home, so you may prevent re-exposure.

The medical industry, as a whole, has not yet acknowledged EMFs as a cause for health challenges, as they are still focused on suppressing symptoms with drugs or cutting out the body part producing the symptoms that can no longer be suppressed by drugs. That is if the patient can survive without the missing body part. So, many people suffering from symptoms caused by EMFs can be examined and tested by their physicians and yet still find no answer for the cause of their symptoms.

Just like what happens when the cause of their symptoms are toxicity, nutritional deficiencies, biochemical imbalances and organ/gland dysfunction that have not yet reached their disease stages, these causes cannot be diagnosed by their physician, but require a



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Clinical Nutrition Analysis of Laboratory Reports from biochemical testing (blood, urine, saliva, hair and stool) to identify the cause of their symptoms.

The public has learned to take precautions against being struck by lightning. Now, it is time to learn how to use EMF products to both protect their body, home, property and possessions from harmful EMF frequencies, and even better, complete Remediation by using our EMF products that enhances all energy, no matter what its source, to improve and maintain health – health of mind and body, life events and prosperity.

The urgency of making the required dietary, toxicity and EMF lifestyle to improve and maintain health would be more real, occurring more rapidly, if the public felt...

- A Bolt of lightning when exposed to their first EMF. Not so strong enough to kill or severely damage, but just to bolt the person into reality.
- The Pain, from the resulting disease or permanent damage, when first exposed to or ingested toxins (chemicals and metals) from air, water, or environmental and/or
- The Symptoms of nutritional deficiencies, after consuming their first unbalanced meal, which did not include organic whole foods.

However, the reality is: It is a gradual and silent depletion of nutrients, accumulation of toxicity and embedded EMFs that can take years before their presence is felt, first from the dysfunction and then from the disease in the organs, glands and body systems adversely affected by them.

How well the human body detoxifies, manages, adjusts, adapts, and compensates for years, even decades, due to these lifestyle exposures, until it has had enough. Because of the accumulation and overload of nutritional deficiencies, toxicity and EMFs, it can no longer do so.

We are fortunate to have such a miraculous body that does not react severely to the first nutritional deficiency, toxins or EMF frequency, because this does provide the educated and enlightens public, like my clients, an opportunity to take the appropriate action to:

- Stop the above ongoing, self-perpetuating progression,
- Make changes to prevent future exposures and
- Improve their over-all health, which has been adversely affected by them.

So just as you want to be proactive to test for and correct all nutritional deficiencies, complete 30-day Full Body Detoxification Programs, every 6 or 12 months (depending upon how quickly you accumulate toxins you have no control over, like air pollution outside your



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home), you also want to be proactive and complete all three Levels for EMF Remediation, according to the instructions that will be provided upon purchase of your EMF Products.

## EMFs Linked To Cancer

In laboratory studies, cancer cells reproduced up to 24 times faster when exposed to EMFs. Over 60 studies now link EMFs to cancer, leukemia and tumor growth. Fortune magazine reports that up to 30% of childhood cancers are linked to EMFs.

Studies have shown that EMFs disrupt biological rhythms, brain functions and lower immune system functioning. Animal and human studies have linked EMFs to birth defects and miscarriages. These silent, odorless, tasteless, unperceived EMFs can and do affect you and your family, like an invisible enemy.

Therefore, in your goals of improving and maintaining optimal health by making the lifestyle changes that are required to sustain healing through Clinical Nutrition Therapy and prevent future diseases, EMF Remediation is a vital step in this process of achieving these goals.

## WHAT IS EMF REMEDIATION?

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Remediation is to correct something that is bad or defective. There are two purposes for EMF Remediation and three Levels of EMF Remediation to choose from depending upon your personal goals:

### Purposes of EMF Remediation

1. **Protection:** Protecting your body, property, house, and possessions (inanimate objects) from harmful EMFs. Thus to remediate for protection means to use EMF products to:
  - a. Correct sources of EMFs: in your home, property, the electrical and battery-operated devices, equipment and machines you use or are exposed to so they do not harm you,
  - b. Remove EMFs in your body due to past exposures so they do not cause illnesses and diseases,



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- c. Remove EMFs from inanimate objects so you are not re-exposed.
  - d. Protect you from EMFs when you are away from your remediated home.
2. **Enhancement:** To remediate for enhancement means to use EMF Products to correct the defective sources of EMFs in your home and property and raise the vibrational levels of the energy (electricity) to higher level frequencies. This term for this is **Energy Enhancement** and provides the following benefits:
- a. **Promotes health** (increases cellular energy, provides restful sleep, calms mental and emotional energy, improves the body's electrical system function, which then improves all organs, glands and body system functions, and promotes longevity.
  - b. **Attracts positive opportunities in life.**
  - c. **Increases prosperity.**

### Three Levels of EMF Remediation

- 1. **Level I** – Using EMF products that: provide **EMF Protection**.
  - a. Provides protection by deflecting EMFs away from your body, property, house, and inanimate objects so they can do no harm.
  - b. Remember the reference to EMFs means harmful EMFs and artificial electrical frequencies.
- 2. **Level II** – Using EMF products that: for **Energy Enhancement (Health, Life, Prosperity)**
  - a. **Discharges (or removes) and then grounds** the deflected EMFs,
    - i. So they are no longer present in the following”
      - 1. Space around you.
      - 2. Inanimate objects you use or wear,
      - 3. Walls, Cabinets and furniture/furnishings in your home and work place.
      - 4. Yard or Garden of your property.



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- ii. Grounding the static and chaotic electrical frequencies around you also prevents re-exposure.
  - iii. Protects you from being affected by EMFs when you sleep, bathe or shower, when you cannot wear your EMF Protectors.
  - iv. Prevents healthy energy within your body from being drained out of your body.
- b. **Raises the vibration** of electrical frequencies to higher frequencies so your body does not have to work so hard to produce biological energy, and enhances the Law of Attraction in your life.
- c. **Note:** Level I must be completed either at the same time or before Level II.
3. **Level III** – Using EMF products that: provide **Superior Energy Enhancement**.
- a. Level II raises electrical frequencies to a higher frequency, and Level III raises them to the highest (superior) frequencies possible. Therefore, depending upon the type of benefit, the Level III benefits from Superior Energy Enhancement occur more rapidly, deeper, in greater quantity, more fully, resulting in the greatest energetic support and attraction for the:
    - i. Healthiest mind, body, animals, garden and yard.
    - ii. Happiest (joyful) life, and
    - iii. Increasing prosperity (affluence, success, wealth, abundance)
  - b. Note: Levels I and II must be completed either at the same time or before Level III.

Whether you choose to start with Level I, II or III, you must complete all of the steps or instructions for the entire Level to receive the benefits associated with that Level. This means purchasing all the EMF products required for each Level.

When you included some, but not all, EMF products for Level I, for example, you will **reduce** the quantity of EMF exposure; however, you are not fully protected from EMFs until you have all the EMF products to complete all steps in **EMF Remediation – Level I**. Thus, you are still allowing EMFs to harm your body and in time, you will experience EMF-related symptoms and diseases, if you are not already experiencing them.

### The Five Criteria For EMF Remediation





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To succeed and complete EMF Remediation, you must be using EMF Remediation products that can accomplish all of the following:

1. **EMF Remediation** means to apply specific products to electrical devices, equipment and machines that are designed to change the EMF frequencies so these EMF frequencies do not harm your mind and body by damaging cells and tissue and interfering with the healthy function of the body's bioelectrical system (Brain and Nervous Systems), biochemistry, biology, psychology and physiology.
2. **EMF Remediation** also means that the newly changed frequencies are safe.
3. **EMF Remediation** also means including EMF products that can release
  - a. The loosely circulating harmful EMF frequencies currently in your body from recent past exposure.
  - b. The deeply embedded EMF frequencies in cells and tissue, due to harmful EMF frequencies that have been in your body for decades.
    - i. Deeply embedded frequencies cause the most damage to your cells and tissue.
    - ii. All current and future EMF exposures, in time, become deeply embedded when you neglect to remediate their sources.
4. **EMF Remediation** not only protects your body, but also protects inanimate objects from absorbing EMF frequencies. Inanimate objects are things that are not alive or connected to any electrical source, such as your clothing, jewelry, linens, furniture, cabinets, walls, etc., to name a few, hold harmful EMF frequencies and so when you use, touch, wear, sit, lay or are near them, these harmful frequencies pass into your body. Remediating inanimate objects also prevent re-exposure to EMFs.
5. **EMF Remediation** does not stop at just protecting you, your family and animals from the above harmful sources of EMFs by deflecting harmful EMFs away from the body and inanimate objects, **complete Remediation** includes:
  - a. Changing the defective EMF frequencies by raising their vibrations levels so they enhance your health, environment, life and prosperity by attracting and directing the earth's energy into your property, home and body.



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- b. Grounding the deflected, harmful, static and chaotic EMF frequencies to remove them from your environment, so they cannot harm you or others.
- c. Remediates the earth around you (gardens and yards), so the pesticides, synthetic fertilizers and other chemicals, metals, and toxins in the dirt do not continue being another source of EMFs that harm you, your family, animals, garden and yard. This also helps your vegetables, herbs, grass, flowers, trees, bushes and other plants grow stronger and healthier, making edible plants more luscious, which also enhances your health and the beauty of your surroundings. (See pictures below).

The above five functions represent the Five Criteria on which you should base the purchase of any EMF products.

**BEFORE EMF REMEDIATION**



**6 WEEKS AFTER EMF REMEDIATION**



The above is just one example that demonstrates the benefits for **EMF Remediation Level II for Energy Enhancement** and **Level III for Superior Energy Enhancement** on your garden.



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You may recall the quote below when I was sharing the three levels of EMF Remediation: *Therefore, depending upon the type of benefit, Level III benefits from Superior Energy Enhancement occur more rapidly, deeper, in greater quantity, more fully, resulting in the greatest energetic support and attraction for the:*

1. Healthiest mind, body, animals, **garden (above)** and **yard (below)**..
2. Happiest (joyful) life, and
3. Increasing prosperity (affluence, success, wealth, abundance)

### EMF REMEDIATION YARDS



### THEIR NEIGHBOR'S YARDS



The EMF Remediated yards (lawns) received the same amount of water as their neighbor's yards. The above EMF Remediation was occurring during ultra-hot weather, too. The photos of the garden and yards that have not been remediated demonstrate the effects of harmful EMFs (static and chaotic electrical frequencies). The only difference, between the garden and yards in these photos, is that one was receiving our EMF products and the other was not. **That is how effective EMF Remediation is!!!**

All living organisms are made up of the same substances, the human body has cells and tissue, our grass, trees and plants have cells and tissue. Our human body requires water, nutrients; and healthy exposure to the earth's positive energy. Our grass and plants require water, nutrients and healthy exposure to earth's positive energy. Understanding this as you review the above photos will help you understand one important fact:

**Energy Enhancement (EMF Remediation Levels II and III) is as profoundly effective on you (health, life and prosperity) as it is on a garden and yards, as**



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**demonstrated in these photos, with the greatest effect received Level III (Superior Energy Enhancement).**

## ABOUT EMF PRODUCTS

When I first became aware of the adverse health effects of exposure to Electro-Magnetic Fields, I began researching for effective remediation products, but could not find any companies that had manufactured any. My awareness of the adverse effects of EMFs was ahead of the times for manufacturing the solutions to harmful EMFs.

However, some years later, when attending the next annual **Clinical Nutrition Scientific Symposium** held by the **International and American Associations of Clinical Nutritionists**, there were two Exhibitors displaying EMF products. When testing each company's EMF products through Applied Kinesiology, the products from one company tested effective (strong) and the other company's products did not. Since then I have tested the EMF products from other companies, as more and more companies are providing EMF products, however, the result was the same, some were effective and others were not.

### Other EMF Product Companies

Also, whether they tested effectively or not, these companies were manufacturing only two types of EMF products:

1. One to wear on the body, generally in the form of a necklace or bracelet.
  - a. However, once the product was removed during sleep, bathing or showering, their customers were exposed to harmful EMFs again.
  - b. And I don't know about you, but I personally like to:
    - i. Change my jewelry and do not want to be limited to wearing the same jewelry all the time, as I would be if I had to wear EMF jewelry to have the protection it provided.
    - ii. Nor, do I like wearing a bracelet or necklace that does not compliment the style of my outfit, or the other jewelry I would want to wear with it.
    - iii. Nor, do I want to wear jewelry when I am home, relaxing, cleaning or preparing meals. .
    - iv. Our EMF Products eliminate all of the above limitation of EMF Protective jewelry.





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- v. Now, so that I do not appear “so vain,” let me clarify that if our EMF Protective Products were not available I certainly would wear EMF jewelry because what would be most important is my health, and in the event, there was a conflict with the style or color of my outfit, I would put it in my pocket or if no pocket, I would pin it on the inside of my clothing.
2. And a second one to apply to the cell phone. The cell phone is only one of hundreds of battery-operated devices, equipment and machines emitting EMFs that we are exposed to each day, not to mention providing no protection from other battery-operated devices, equipment and machines or those plugged into the walls or connected to the electrical wiring in the building (home or work place).

**Additionally, these two products do not meet all five criteria the human body requires for EMF Protection, much less Energy Enhancement.**

**This also suggests to me that they are not advanced in EMF Product manufacturing and research, and thus are providing “incomplete” EMF services to their customers.**

I have only found one company that provides EMF products that meets all five Criteria. So, finally my search ended and I have been personally using their EMF products and recommending them to clients since 2006. They are also the most advanced in EMF Remediation Research that I have found in the U.S.

I have continued to monitor other EMF Product companies from time to time and for those who are producing effective products and other products have been manufactured. However, many companies are still missing the mark - **the real solution is changing the source not bandaging the effect.** By that I mean, rather than:

- Rather than putting an EMF product on a lamp, the real solution would be to use an EMF product on the circuit breaker of the home's wiring system and remediate everything plugged into a wall or wired in the ceiling, at one time.
- Having remediated your home, rather than wearing clothes that have EMF products stitched into the cloth, which would lead to having to buy a whole new wardrobe, if you wanted to be fully protected, you only need to use our Modified Laser to clear all the EMFs from the clothing you have, and wear a Body Stone when away from home. Simple and HUGE financial savings! Our Body Stone protects your body and anything on your body when away from home and



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because your home is remediated, you do not have to wear any EMF product when home.

Except for the company we use for our EMF Products, none of these other companies provide products that remediate:

- The entire electrical wiring system of building structures for home and work places.
- All battery-operated devices, equipment and machines, not just the cell phone.
- Remove EMF frequencies held in inanimate objects or
- Removes both EMF frequencies “currently circulating “loosely” within the body and those that are “deeply embedded” in the cells and tissue of the human mind and body,
- Much less, provide EMF Products for Energy Enhancement.

### Our EMF Products

Below are just a few key points to demonstrate the advancement of our EMF Remediation.:

- First, they **adhere to all Five Criteria for EMF Remediation**, which means we have EMF Products that provide not just **EMF Protection, but also Energy Enhancement**. As I mentioned previously, in my research I have found companies providing only two types of EMF Protection, and none of these also had products for Energy Enhancement.
- **Our products are pre-tested to all 4-points polarity.** If products do not have 4-point polarity, they will “depolarize” the person using the product or to whatever the product has been applied (cell phone). For example, the energy in the body travels downward in the front of the body, then turns at the feet and travels upward in the back of the body. If this is reversed because of being depolarized, you can imagine the confusion and chaos occurring within the body to the electrical messages that the nervous system is “trying” to deliver. When I perform a physical examination of the electrical system of the body, I first check for polarity. If their body is not polar, then I will receive the opposite bio-feedback. For example, what should be testing strong, is testing weak and vice versa. 4-point polarity provides the strongest remediating effect.
  - Polarity is a system, of having opposite characteristics at different points, especially with respect to electric charge or magnetic properties.





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- 4-point polarity – in respect to electricity, there are two points (a positive and a negative pole) and in magnetic fields, there are two points (a North and a South Pole). For products to do what they are designed to do, they must have all four points of polarity.
  - On the packaging of other EMF Products I have reviewed, I have never seen any reference to their polarity.
- Our **EMF Protection and Energy Enhancement** products are designed to provide these benefits to the individual and the entire family, animals and all living things (plants, trees, etc.), the entire environment (property) in and outside your home and work place, at one time, including inanimate objects.
  - For example, if you are interested in only cell phone protection, we have that too and much more. We have you covered, i.e., whatever you need for Smart Phones, Smart (Electrical Home) Meters, I-Pads, Notebooks, Regular Cell Phones (Non-Smart), Manual Electrical Home Meters, and all battery-operated devices, equipment and machines.
  - Therefore, purchasing one roll of the EMF Tape and EMF Cover Tape, then using them together as instructed, can provide Non-Smart cell phone EMF protection for each individual's cell phone in the household, and remediate the entire home with Electrical Manual Meters so that everyone in the home is protected at all times. In other words, you are protected when sleeping, showering, bathing, housecleaning, reading, watching TV, while on the computer and so on, without having to wear EMF Protector jewelry. (For Smart Phones and Home Electrical Smart Meters, you will require our Cell Phone Protector rather than the EMF tapes.)
  - Then taking this one step further you can use our Level II EMF products for Energy Enhancement and now the energy in your home is promoting the health of all family members, in addition to their receiving all the other benefits of Energy Enhancement.
- **Once you have purchased and completed the instructions for the EMF Products for each Level, you are done. i.e., there are no ongoing purchases.** The one exception to this is the Modified Laser. However, the Modifier Laser will last 2-6 years. For example, if using your laser on a daily basis, it will potentially last two years; used weekly it will last 4-6 years. My first laser lasted five years. When you use our Object Stones (for inanimate objects), a one-time purchase, you do not have to use your Modified Laser to clear the EMF frequencies absorbed in the



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animate objects that you take with you when away from home, like your purse, briefcase, luggage or carrying bag and their contents. More on this in the instructions when purchased.

- And, of course, our EMF Products are manufactured for quality, safety, effective results and usage, and obviously durable, because they last forever.

After reading the next chapter, I have provided an "Overview" of how to use our EMF Remediation Products, which is then followed by some tips for ordering them. To understand how to use them, you will need to read the next chapter first.

## UNDERSTANDING ENERGY ENHANCEMENT

### The Science of Bioenergetics

**Bioenergetics (Body Energy)** is a field of biochemistry that relates to energy flow through living systems. This is an active area of biological research that includes the study of thousands of different cellular processes, such as cellular respiration and the many other metabolic processes that can lead to production and utilization of energy in forms, such as ATP molecules.

One of the functions of the Digestive System is to release Hydrochloric Acid and other Gastric Acids into the stomach prior to its receiving chewed food particles so these stomach acids can change food particles into a chemical that can be picked up in the blood and delivered to the cells of the body. (The term "chemical," used in this context, means "biochemical," not a toxic chemical like what is used in paint thinner or pharmaceutical drugs.)

Then, the cells use this nutrient-rich chemical to make energy, called ATP. **Adenosine-5'-triphosphate (ATP)** is a multifunctional nucleoside triphosphate used in cells as a coenzyme. It is often called the "molecular unit of currency" of intracellular **energy transfer**. ATP transports **chemical energy** within cells for metabolism. The energy produced by the body (called "bioelectricity") is used to transport and receive Brain-to-cell and cell-to-cell communications so the body can function.

Inside the body, what interferes with the production of the body's energy (ATP), are nutritional deficiencies and toxicity.

Outside the body, what interferes with the production, receiving and transmitting of energy and the messages they contain, is:



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1. Elements, like heat, cold, etc.
2. Harmful Electro-Magnetic Fields that emit static and chaotic electrical currents into and through the body.
3. Earth's energy that is blocked (congested), stagnant (immobilized), too little (low) or too much (high).

### The Science of Vastu

The earth's energy is like air, food and water, the human body cannot live without it and the health of the body on all levels (mental, emotional and physical) can be adversely affected when earth's energy is delay, blocked, congested, immobile, too little or too much. How does this happen to the earth's energy? These adverse effects on the harmonious, ongoing flow of earth's energy occur because of:

1. Elements, such as lightning.
2. The static, chaotic artificial electrical frequencies (aka harmful Electro-Magnetic Fields)
3. All the things (walls, furniture, walls, and other inanimate objects) between earth's energy and our human bodies.

**Vastu** is the science of ideal building design that considers the **bioenergetics** for health, harmony, prosperity and long life. In other words, architects, who design Vastu-architectural homes and buildings, would not have a wall, cabinet, closet, bathroom, corners of a room or the outer building structure positioned in a way that would adversely affect the earth's energy flow through the house or building, because this would also adversely affect the bioenergetics (body energy) of the people living and working in them.

When these structures are decorated inside, the positioning of the furniture, wall hangings, lamps, and other inanimate objects, including electrical and battery-operated devices, equipment, appliances and machinery, can also adversely bioenergetics.

When bioenergetics are adversely affected by anything inside or outside the structures that people live and work in, their health, harmony, prosperity and longevity is also adversely affected. For example:

Traditional Eastern physicians, when called to attend the sick, would make house calls for the purpose of investigating if anything inside or outside of the patient's house was adversely affecting the flow the earth's energy and



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consequently affecting the patient's bioenergetics, causing the patient to become ill. With the invention of electrical and battery-operated devices, equipment, appliances and machines, this became another cause to investigate regarding interferences with bioenergetics.

If the physician found something inside or outside the patient's house that was interfering with the flow of the earth's energy, thus affecting bioenergetics, the patient would be instructed to remediate the home and call the physician within a number of days, if they were not well. The number of days recommended gave sufficient time for the:

- Earth's energy to start flowing harmoniously (unimpeded) again,
- Patient to recover from the harmful frequencies, he/she was exposed to when the earth's energy was impeded, and then for the
- Patient to come well again by the free flowing earth's energies.

Whether adverse effect on the patient's bioenergetics was the only cause or one of the causes, remediating the home was always their first treatment for healing. If the patient contacted the physician again, stating they were better, but not all their symptoms had abated, or there had been no effect on their symptoms, the physician would then treat the patient with herbs or foods. However, these were always their second plan for treatment, remediating the home was always the first. Had this treatment been reversed, the patient could receive the best diagnosis and herbal treatment and still not get well, because anything that disrupted their bioenergetics could also delay or interfere with the healing that the herbal medicines would be providing.

Because people living in Western cultures are unfamiliar with bioenergetics interferences causing illness, diseases, disharmony in their relationships, impeding their success, and so on, we reverse our treatment. For this reason, I start with biochemical testing and dispensing the herbs, therapeutic vitamins/minerals and homeopathies to correct abnormal test findings, and if a client improves symptomatically, but not all their symptoms abate, as I would expect if nutritional deficiencies and toxicity were the only cause, I will then assess their bioenergetics and provide:

1. EMF products to remediate their home and/or
2. Provide a Scar Detoxification Program



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As these are the next two most frequent factors adversely affecting health.

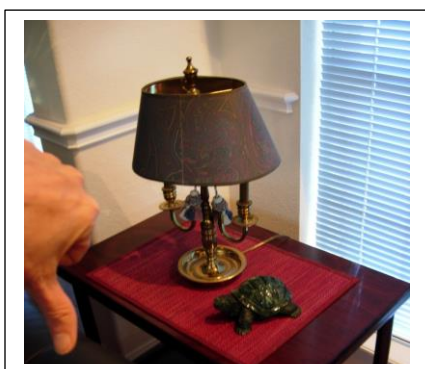
This also works well because:

1. If Clinical Nutrition Therapy is also new to the client, this allows time for them to build their confidence in this safe and effective therapy,
2. This also allows me time to provide our **Personal Education Program (PEP) for Lifestyle Education**, which includes coaching in bioenergetics and scar detoxification, so we can be proactive and provide Home Remediate, as well as dissolve their scars, so they can complete their healing, without experiencing any delays or interferences in their current Clinical Nutrition Therapy.

For bioenergetics healing, I provide Level II and Level III EMF remediation. If the client requires additional Energy Enhancement, I provide Level IV, which includes:

1. Using other Vastu products and/or
2. Assessing photos of the inside and outside of the client's home and work place to make recommendations on repositioning furniture, inanimate objects, etc. To released blockages in the earth's energy. Below are some photos demonstrating this.

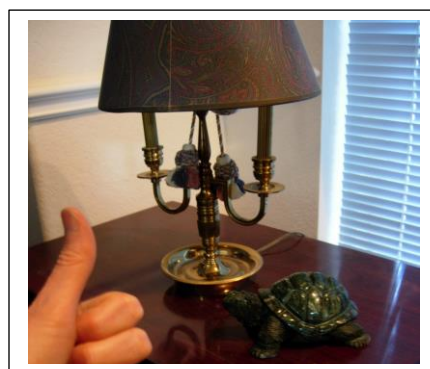
## ENERGY BLOCKED



## CAUSE = PLASTIC MAT



## ENERGY RELEASED



Sometimes the source for blocked energy is quite simply to remediate. In the photos above, the plastic matt under the lamp in the first photo was the cause.





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Changing your “Vastu” bioenergetics for the better, by correcting Vastu deficiencies (low energy fields) and enhancing source bioenergetics, is one of the most important things you can do to ensure a happier life, including good health, relationships, and success.

Another example of enhancing source bioenergetics is using specific energy enhancing products, like our Property Stones in Level II EMF Remediation, at the North, South, East, and West corners of the house, to create a geographic ley line that draws the earth’s energy into our home, and thereby, raises the vibration of the home energy to a healthier frequency.

It has been reported that Oprah Winfrey’s house was built on one of the strongest natural ley lines. Throughout the earth, there are naturally-occurring ley lines that draw the earth’s energy from all directions (N,S,E,W) into the center where the ley line crosses, making that intersection an extremely high source of positive, healthy energy

Thousands of years of Vastu research shows that if homes, no matter how physically attractive, have poor Vastu energetics, the inhabitants will still be subjected to unnecessary suffering. Using ancient Vastu science and modern Vastu technology, as I provide in Levels II, III and IV EMF Remediation, you can dramatically improve the quality and strength of beneficial incoming “source” energies into your home or work place, and bring superior Vastu energetics into your daily life. Changing the bioenergetics of your home or office, both inside and out, can literally change every aspect of your life - including the attraction of desirable opportunities, whether you decide to act on them or not.

When sharing information about our EMF Products, I have come to realize that the most people expect from EMF products is to protect them from future exposure to harmful Electro-Magnetic Fields. This is the extent of the knowledge that the general public has in respect to Bioenergetics and the EMF and Vastu Products available today.

Therefore, when using our specific EMF Remediation and Vastu products, you have the benefits of:

1. Being protected from harmful EMFs,
2. Releasing harmful EMF frequencies loosely inside your body and embedded in your cells, because of all past EMF exposures.
3. Being exposed to safe frequencies,
4. Not only safe, but higher, even superiorly enhanced, energy fields,





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5. All of which, results in improved health, attract more positive opportunities, encourage harmonious relationships, increase prosperity and promote longevity. You think more clearly, sleep more restfully, feel stronger and more energetic and have a higher sense of well-being and joy in your life,

***Everything on earth is energy.***

***The chair you sit in is energy vibrating at a very slow rate.***

## EMF Product Overview

Now let me give you a brief overview of how you will be using our EMF Products for Level I and Level II. .

### **Level I – EMF Protection**

You will wear one Body Stone for EMF Protection. Once your home is remediated and you have used your Modified Laser to remediate all inanimate objects, you do not have to wear your Body Stone when at home. You will then only wear your Body Stone when away from home.

Our EMF tapes will remediate your circuit box, if you have a Manual Home Electrical Meter, so that anything plug in the wall or attached to the ceiling wiring will emit safe frequencies. You will also use these tapes as instructed on all battery-operated devices, equipment, and machines. Note: if you have a Smart Home Electrical Meter, you will need to use our Cell Phone Protector on your circuit box, instead of the two tapes. You will also need a Cell Phone Protector for Smart Phones, I-Pads, Notebooks, etc.; however, regular cell phones (Not-Smart) can be remediated using the two EMF tapes.

With your Modified Laser, you will scan your body (head to foot/front to back) and everything in your home to remove the harmful EMF frequencies they hold in them. This way they do not re-expose you to EMFs when you use them, sit or lay on them, or come near them. This does not take as long as it sounds because our Modified Laser has a multiple beam, which covers a larger area at one time, than a single beam laser would, and can laser everything fairly quickly.

If you live near one body of water within five miles from your home, take 21 of the Property Stones from one container and following the instructions on the container throw them



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into the water at the point nearest your home. Omit this step if the floor of the water body is cement. The chemicals, metals and other toxins in water also emit EMFs that interferes with earth's energy around and flowing into your home.

Once all of the above is done, you are EMF Protected and the electrical frequencies you are exposed to in your home are safe frequencies.

Now, the only ongoing things you need to do to stay EMF-FREE is:

1. Remember to wear your Body Stone when you leave your home and
2. Insert your Property Stones, which can be used for inanimate objects, which I also refer to as "Object Stones" in your purse, briefcase, luggage or carrying bag if you take something from your home that will be returning back to your home. I call Property Stones, Object Stones, when using them for inanimate objects and I call them Property Stones when they are to be buried in the ground in Level II.
3. Note: Because when away from home, these objects will be exposed to EMFs and if you did not have your Object stones in them to protect them. Otherwise, when you remove your Body Stone once home, you would be re-exposed once you touched, used or were near them upon returning home. If this happens accidentally, just re-laser your body and these inanimate objects to clear them again.

That's it for Level I

### Level II – Energy Enhancement

If you did not order two Body Stones for your first order in Level I, so you could start with both EMF Protection and Energy Enhancement, you will begin Level II by purchasing one more Body Stone. You wear one Body Stone on the left side of your body and the second Body Stone on your right, such as in your left and right pockets. No pockets? Wrap each stone in a thin cloth and pin the stone on the inside of your clothes, one on the left or one on the right or if you are female, insert them into your bra, one under your left and one under your right breasts or anywhere that is most comfortable.

Now with your Property Stones and Compass, you will bury 21 stones at the North South, East and West corners of your house. Once in place, they will create a ley line to draw the earth's energy into your home.



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With the Grounder and Soil Mix blended together, according to the measurements on the **EMF Remediation Price List and Order Form**, you will mix this blend in the top soil of the dirt at each corner of the house, any corner, not just the N, S, E, and W corners, and in the dirt under or around any electrical unit, water meter box, Air Conditioner/Heating Unit, Electrical Rod, etc. This provides key point grounding of the EMF static and chaotic energy in the space (air). For most effective results to be fully grounded, do this along the walls of the ground in between the corners of your house.

Since the one container of Property Stones contains enough stones to use for Object Stones and you can use 21 of them for one body water, If you have more than one water body within a five mile radius, purchase additional containers of the Property Stones. Each container of Property Stones (42 pieces) will remediate two water bodies (21 for each water body).

After completing the above you are done for Level II and now you are drawing earth's energy into your home and all the electrical frequencies and earth's energy that you are exposed to have been raised to a "higher" frequency, thereby, increasing your body's energy, improving your health, attracting life opportunities and prosperity and harmony.

### Level III – Superior Energy Enhancement

After you have been living in an EMF Protected and Energy Enhancement environment for 6-12 weeks, evaluate the positive effects on your health and life from **Level II - Energy Enhancement**. If you like the benefits of Energy Enhancement and would like to experience Superior Energy Enhancement, contact me for more information. If you have not noticed any change, contact me so we can figure out why. For example, you may require Vastu Remediation.

### Level IV – Vastu Remediation

If you have any, for examples, structure, wall, corner of room or building, furniture or inanimate object, wall hanging, or any other décor or furnishings, that are blocking, disrupting or stagnating the **Higher (Level II) Or Superior Energy Enhancement (Level III), Vastu Remediation** will be needed. Once your home has been Vastu Remediated, you are truly finished as long as you do not create a new energy block. However, I will coach you on this subject so you can avoid creating new ones. Vastu Remediation may be as simply as removing a plastic matt from under a lamp on a table, as the diagram in this article on page 25.



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## TIPS FOR ORDERING EMF PRODUCTS

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Below I have provided the best ways to order your EMF Products according to your own personal goal for EMF Remediation. .

### Goal: Level I - EMF Protection only

1. Purchase #1 to #7 at one time or
2. Purchase in numerical order for Level I (#1 to #7), ordering numbers with the same color at one time. For products that are in Level I and Level II, you order for Level I.

### Goal: Level II – EMF Protection and Energy Enhancement

1. Purchase #1 to #14 at one time Or
2. Start with Level I and order Product #1 to #7, at one time, and then order Level II Products #9 to #14 at one time. Or
3. Purchase #1 to #14 in numerical order, ordering numbers with the same color at one time. For products that are included in both Level I and II, you order for Level II.

### Goal: Level III – EMF Protection and Superior Energy Enhancement

1. Complete Level I and Level II according to your selection above.
2. Then begin Level III by expanding coverage using Products #11 to #14 as indicated on the EMF Price List and Order Form.
3. Then contact me for information and pricing for the few other Level III products.

### Other Products on EMF Remediation Price List & Order Form:

1. **#15** – When you purchase Product #10 in Level II, you will need a reliable Compass to find the North, South, East and West corners of your house or business. . . In case you do not own a reliable Compass, I have included this on our Order Form. This Compass is provided by the same company that supplies all our EMF Products.



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2. **#16** – Purchase #16 when remodeling, building a new building (home or business), or simply to replace dry wall and green board of existing home or business for the benefits of #16.

## Ideal EMF Remediation:

For ideal EMF Remediation, complete at one time or in this order...

1. Level II for your home.
2. Level III for your home.
3. Level II for your work place.
4. Level III for your work place.
5. Vastu Remediation
6. Purchase #16 when remodeling, building a new building (home or business), or simply to replace dry wall and green board of existing home or business as soon as possible.

Note: If you do not own the building where you work, purchase the EMF products to remediate your work space as much as is possible. For example, EMF Product #10 for Level II, is relatively inexpensive and can direct positive earth energy into the building where you work, resulting in improved performance and working relationships between you and all the people in the building, including visitors and customers, and if you so choose, you can remove and then reuse them if you change work places.

Considering the amount of mental, emotional and physical stress that occurs when working with people who have inferior work performance from lack of concentration and clarity, for example, attitudes or frequent absenteeism due to poor health – all of which can adversely affect your work performance, attitude, health or just simply make the difference between having a good or bad work day, using Product #10 should be highly considered in your work place, as well as any other Level II and Level III products you choose to use to enhance the energetics at work.

**Everything on earth is and is about energy** – For examples, the chair you sit on is energy vibrating at a slow speed, and if the body did not produce energy it would be dead, The lower the energy is that affects our mind and body, the worse our health and life is and the highest the energy, the best our health and life is on earth -- on all levels of being – mentally, emotionally, and physically, including what we become, accomplish and have while on earth.

**So though you may have begun reading this article with the intention of learning how to protect yourself from harmful Electro-Magnetic Fields, after reading the five functions or criteria for EMF Remediation, you will understand that you need more than just**



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protection, though this the first important step, and you need EMF products not just for cell phones and to wear on your body to truly protect you.

At Advanced Clinical Nutrition, we provide everything you need for EMF Remediation.

## Pacing – Benefits and Consequences

The definition of **effort** is “**an earnest attempt to achieve something.**” Obviously, **achievement** is defined as constant, persevering, earnest effort until completion of goal. The distance or time between start-and-end efforts for some goals is a relatively short period of time, either the same day or within a few days, for the person to receive the maximum benefits of the goal almost immediately. Other goals require pacing, which is dividing the start-to-end into smaller steps, to provide constant, persevering effort over a certain period of time until completing the last step to achieve the goal. Therefore, pacing can have both benefits and consequences.

The **greatest benefit** is that the smaller steps are more manageable when the goal requires more effort or time than a few days to complete the goal and thus smaller steps can strengthen to outcome to succeed in attaining the goal.

The **greatest consequence** occurs if pacing is not well-timed, which delays the execution of the efforts of each step and prevents the person from attaining the goal to receive the **maximum benefits** of the goal.

“**Tips for Ordering EMF Products,**” outlines the correct order to complete each step for EMF Remediation, with 2-3 Start-to-End options, for Level I and II. When ready for Level III, please ask for more information and prices on Level III.

Each EMF Product you implement for:

1. **Level I** will **reduce** the **quantity of harmful EMFs** you are exposed to daily. This is occurs because the EMF Products change the harmful EMF frequencies to a safe frequency when you are exposed to remediated frequencies, such as when you remediate you're the electrical and battery-operated items in your home, and other EMF Products deflects the harmful EMFs away from you when you exposed to frequencies that have not been remediated, such as those away from home, thus preventing them from entering (and harming), embedding (and damaging) your body.

However, if you choose to pace yourself, instead of implementing all Level I EMF products at one time, you will continue to be exposed until the last product is in place. Reducing any amount of harmful EMFs is obviously important, however, completing





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Level I as quickly as possible is of most importance because once Level I is completed you are fully protected.

Each EMF Product you implement for

2. **Level II** will raise the vibrations of the safe electrical frequencies you are exposed to in your remediated home (and/or work space) to a higher degree. Each EMF Level II Product raises the vibration to the next high degree.

However, if you choose to pace yourself, instead of implementing all Level II EMF products at one time, your health, life and prosperity will only be enhanced to the degree of the raised vibrations each product accomplishes, until the last product is in place. At that time, you will be receiving the highest Energy Enhancement for Level II EMF Products. ,

3. **Level III** – If the process of implementing each product for Level III is the same as Level II, the outcome is the same, except each Level III products provides even higher enhancement from product to product, than Level II, until the last product is in place, where “**Superior Energy Enhancement**” is attained.
4. Once Level III EMF Products have been completed, you have finished all EMF Remediation. At that time you have maximum EMF protection and superior health, life, and prosperity energy enhancement. (Yeah!!)

## EMF PRODUCTS – A GIFT OF HEALTH

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### *Health of Body ♦ Life ♦ Prosperity*

The best gift you can give your friends and family is the Gift of Health, so you can help them protect and enhance their health from the adverse effects of Electro-Magnetic Fields by giving them our EMF products for their:

- Birthdays,
- Christmas,
- Other and Any Holiday, even if not a traditional gift-giving holiday,
- And simply because you care about them.



# EMF REMEDIATION

## EMF Protection AND Energy Enhancement

By Dr. Donna F. Smith

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The previous chapter on “**Tips for Ordering EMF Products**” provides suggestions for purchasing our EMF Products for yourself and others that best suits your personal goals.

Each person you help with **EMF Remediation** will have a **Net Global Reduction Rate** on **Harmful EMF Frequencies** and an increase in **Energy Enhancement** for everyone on earth, in addition to the specific benefits that the individual person receives from your gift. Just like a pebble dropped in the middle of a body of water has an outreaching rippling effect that goes on and on until it reaches the shore, if undisturbed, so does remediate Electro-Magnetic Fields. Also, the more people who remediate, the less and less harmful EMFs we will have on earth. Isn't it wonderful when you can help yourself and those you love in a way that helps every living person, creature and live tree or plant on the earth?

## CONCLUSION

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Thank you for your interest in increasing your knowledge about Electro-Magnetic Fields and taking time to read and understand the:

- **Magnitude of harm** on the biological, biochemical, bioelectrical and psychological processes and functions in the human body from **Electro-Magnetic Fields** due to the adverse effects of all man-made electrical and battery-operated devices, equipment and machine. This harm extends to all living things, plant and animal kingdoms.
- **The Three Levels of EMF Remediation** required to correct these sources to accomplish two purposes:
  - **EMF Protection** again static, chaotic, harmful electrical frequencies. (Level 1)
  - **Energy Enhancement** (Level II) of health, life and prosperity, with Superior Energy Enhancement being Level III.

I look forward to hearing from you as soon as possible so together we may assist you and those you loved ones with your personal EFM Remediation goal.

Have a blessed day,

Dr. Donna F. Smith

P.S. The “**EMF Remediation (Levels I and II) Price List and Order Form**” accompanies this document.



# EMF REMEDIATION

EMF Protection AND Energy Enhancement

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## ABOUT DR. SMITH

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**Dr. Donna Smith** has a Ph.D. in Clinical Nutrition, is a Naturopathic Doctor (N.D.), a Board Certified Clinical Nutritionist (C.C.N.), Certified Dietitian-Nutritionist (C.D.N.), and a Canadian Chartered Herbalist (C.H.).

Dr. Smith is also a Free Lance Nutritional Health Writer and has written over 100 articles for Internet and traditional magazines, such as the **American Chiropractic Magazine, the largest chiropractic magazine in the United States.**

Some of her best selling e-books has been listed below. She is frequently invited to speak on NBC and ABC local networks, and at clubs, hospitals, universities and corporations on a variety of nutrition and health-related topics, such as, the national groups of scientists and biochemists at the **American Society of Clinical Laboratory Science (ASCLS), International and American Associations of Clinical Nutritionists (IAACN), Stephen F. Austin University, Midwestern State University,** Optimist Clubs, Toastmasters, Business and Professional Women's Club, Women Entrepreneurs, Worksite Wellness, American Heart Association, Parkinson's Group, and St Gobain Corporation, to name a few.

Dr. Smith owns **Advanced Clinical Nutrition (est. 1981)** in Wichita Falls, Texas, where she provides a **Clinical Nutrition Analysis or Interpretation of Laboratory Tests (blood, urine, saliva, stool and hair)** to identify and correct dietary, vitamin and mineral deficiencies adversely affecting the healthy function of the human mind and body.

From the findings of these scientific Laboratory Reports, Dr. Smith designs and dispenses therapeutic, whole food supplements, available only through nutritional health care providers, and a Dietary Plan, which is a list of foods selected for the food chemistry's positive effect on the individual's biochemistry, which is also based on test results.

Dr. Smith's Clinical Nutrition Services are also provided to **Healthcare and Fitness Providers**, who want to offer clinical nutrition services to their patients/clients, yet do not have the time or training to do so.

**Clinical Nutrition Testing, Therapy, and Personalized Dietary and Lifestyle Education Services** are provided by mail, e-mail and telephone consultations. A.C.N. clients save money as there are no in-office appointment fees, gas expense to/from appointments or time away from home or work for nutritional services. Lab Kits are mailed to the clients' homes, where they collect the samples and mails them directly to our Labs.

Dr. Smith has over 90% success in helping her clients improve their health, increase energy, balance hormones, improve mental function, strengthen joints, muscle, immune system, restore over-all organ/gland function (including the hair system to restore its natural color), manage weight, prevent/reverse disease and enhance life and/or sports performance. Her clientele encompasses 36 U.S. States and five international countries.

**For more information, to order** a clinical nutrition analysis and laboratory tests, and to contact Dr. Smith, call (940) 761-4045 or e-mail at [Services@AdvancedClinicalNutrition.com](mailto:Services@AdvancedClinicalNutrition.com). Meanwhile, please browse [www.AdvancedClinicalNutrition.com](http://www.AdvancedClinicalNutrition.com) to subscribe to Dr. Smith's FREE Newsletter, read



# EMF REMEDIATION

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Free Articles by Dr. Smith and view **Dr. Smith's Secrets To Healing** TV shows and slide presentations. You may also view Dr. Smith's TV Shows and videos on [YouTube.com/DrDonnaFSmith](https://www.youtube.com/DrDonnaFSmith), post questions on her blog at [DrDonnaSmith.blogspot.com](http://DrDonnaSmith.blogspot.com) and follow her on [Twitter.com/DrDonnaSmith](https://twitter.com/DrDonnaSmith) and [Facebook.com/DonnaFSmithPhD](https://www.facebook.com/DonnaFSmithPhD).

## E-BOOKS BY DR. SMITH

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- **Anti-Aging Personal Care Program (Hair, Skin, and Nails)** – Over 200 Pages
- **Comprehensive Holistic Dental Health Program** – The Dangers of Traditional Dentistry and an Introduction to Holistic Dentistry (**169 pages** – articles, charts, forms and therapeutic supplement information for acute symptoms (toothaches), chronic dental health challenges (abscesses, gum disease) and dental health (how to internally repair and strengthen teeth and gums).
- **Fibromyalgia – A Clinical Nutrition Syndrome** (70 Pages).
- **Dr. Smith's Hair Restoration Program [Anti-Grey and Hair & Scalp Solutions]** - (69 Pages).
- **Lyme's Disease – Clinical Nutrition Approach to Healing** (32 Pages).
- **15 False Assumptions the Public Makes About Food Supplements** – (15 Pages)

## DISCLAIMER

Information is provided for nutritional education purposes only and not for the diagnosis or treatment of any medical condition, disorder or disease. Present laws indicate that the author must advise you to seek medical attention for your disease, if you have one. Choosing to do so, or not, is your constitutional right and you are ultimately the only person who is responsible for any decisions, risks or actions you take regarding the care of your mind and body. This author's intention is to provide health care education from a nutritional biochemical perspective so you are equipped to make an informed decision regarding your health care.