

The Role of the Board-Certified Clinical Nutritionists (C.C.N.) in Health Restoration! (Part 3 of 3)

[Degrees & Post-Graduate Qualifications of the C.C.N.]

In Part 1 of this 3-Part article, I shared the origin, role, and value of the C.C.N. profession and due to our success in health restoration and disease prevention, healthcare professionals of all disciplines have become Board-Certified

Clinical Nutritionists, such as the M.D., C.C.N.; D.C., C.C.N.; N.D., C.C.N. and Ph.D., C.C.N. (like myself), to name a few.

Part 2 introduced the Clinical Nutrition Certification Board [CNCB.org], the certifying body



by **Dr. Donna F. Smith**
Ph.D., N.D., C.C.N., C.D.N., C.H.
Advanced Clinical Nutritionist

responsible for education, testing and issuing the C.C.N. board certifying credentials, and the International Associations of Clinical Nutritionists (IAACN.org), their approved Continuing Education Units (CEU) provider. IAACN is a membership association for "all"

healthcare professionals, students and corporations, providing lower registration rates for members attending scientific symposiums, than non-members.

Now, Part 3 outlines the qualifications to apply for the Board-Certified Clinical Nutritionist (C.C.N.) examination and join this prestigious profession:

1. Minimum Bachelor of

Science degree from a Regional, National, State and/or DETC Accredited University, PLUS the satisfactory completion of the "Post Graduate Studies in Clinical Nutrition" (PGSCN) Program.

2. Advanced Professional Degree, such as M.S., Ph.D. or D.Sc. in Human Nutrition.

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SPECIAL DISTRICTS

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32-1-902(2), C.R.S.

TO WHOM IT MAY CONCERN, and, particularly, to the electors of the **CHERRY CREEK VISTA PARK AND RECREATION DISTRICT**, of ARAPAHOE County, Colorado.

NOTICE IS HEREBY GIVEN that an election will be held on the 2nd day of May, 2023, between the hours of 7:00 a. m. and 7:00 p. m. At that time, three (3) directors will be elected to serve four (4)-year terms. Eligible electors of the **CHERRY CREEK VISTA PARK AND RECREATION DISTRICT** interested in serving on the board of directors may obtain a Self-Nomination and Acceptance form from Sarah E. E. Shepherd, the District Designated Election Official (DEO), at info@ccrider.us, or by calling 303-482-1002.

The deadline to submit a Self-Nomination and Acceptance is close of business on Friday, February 24, 2023 (not less than 67 days before the election). If the DEO determines that a Self-Nomination and Acceptance form is not sufficient, the eligible elector who submitted the form may amend the form at any time prior to the close of business on the day of the deadline. Affidavit of Intent to be a write-in-candidate forms must be submitted to the office of the designated election official by the close of business on Monday, February 27, 2023 (the sixty-fourth day before the election).

NOTICE IS FURTHER GIVEN, that requests for an application for an absentee voter's ballot may be made orally or in writing with the designated election official no later than the close of business on Tuesday, April 25, 2023, at the address and telephone number listed above between the hours of 9:00 a.m. and 5:00 p.m.

CHERRY CREEK VISTA PARK AND RECREATION DISTRICT By: /s/ SARAH E. E. SHEPHERD
Designated Election Official

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CALL FOR NOMINATIONS CHERRYVALE SANITATION DISTRICT

TO WHOM IT MAY CONCERN, and particularly, to the eligible electors of **Cherryvale Sanitation District** ("District") of Arapahoe County, Colorado.

NOTICE IS HEREBY GIVEN that the District will conduct a regular election on the 2nd day of May, 2023, between the hours of 7:00 a.m. and 7:00 p.m. At that time, (3) three directors will be elected for a 4-year term and (2) two directors will be elected for a 2-year term.

In order to be a candidate for one of the director positions, a qualified individual must submit a Self-Nomination and Acceptance Form. Eligible electors of the District interested in serving on the Board of Directors may obtain a Self-Nomination and Acceptance form from the District's Designated Election Official (DEO):

Robin Navant, DEO
rnavant@spencerfane.com
Spencer Fane LLP
1700 Lincoln Street, Ste. 2000
Denver, CO 80203
Phone: 303-839-3714

The Self-Nomination and Acceptance Form must be returned to the Designated Election Official by close of business (5:00 p.m. MST) on Friday, February 24, 2023. The form should be emailed to rnavant@spencerfane.com. If the designated election official determines that a self-nomination and acceptance form is not sufficient, the eligible elector who submitted the form may amend the form at any time prior to the close of business on the day of the deadline.

Affidavit of Intent To Be A Write-In-Candidate forms must be submitted to the office of the Designated Election Official by the close of business on Monday, February 27, 2023.

NOTICE IS FURTHER GIVEN that an application for an absentee ballot may be filed with the Designated Election Official, at the contact information referenced above, no later than the close of business on Tuesday, April 25, 2023.

CHERRYVALE SANITATION DISTRICT
Robin Navant, Designated Election Official

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NOTICE OF EXCLUSION

NOTICE IS HEREBY GIVEN that there have been filed with the Board of Directors of **Goldsmith Metropolitan District**, Arapahoe County and the City and County of Denver, Colorado, petitions praying for the exclusion of certain land from such District.

1. The names and addresses of the petitioners mentioned in such petitions and the general description of the properties to be excluded are as follows:

Petitioner: **OUTLOOK DTC TIC 1 LLC**
Address: 10510 Springboro Pike
Miamisburg, OH 45342
Description: Property generally located at 5031 S. Ulster Street, Denver, CO 80237
A full legal description is available from Spencer Fane, LLP, 1700 Lincoln Street, Suite 2000, Denver, CO 80203

Petitioner: **LEGACY DTC OWNER LLC**
Address: 950 Tower Lane, Suite 900
Foster City, CA 94404
Description: Property generally located at 4552 S. Ulster Street, Denver, CO 80237

A full legal description is available from Spencer Fane, LLP, 1700 Lincoln Street, Suite 2000, Denver, CO 80203

2. The prayer of the petitions is that the above properties be excluded from the boundaries of the District.

3. The areas sought to be excluded from the District are located entirely within the City and County of Denver, and do not include property within any other county or within any other incorporated city, town, or city and county, and the District currently encompasses property in Arapahoe County and the City and County of Denver, and therefore no notice of the proposed exclusion under Section 32-1-207(2), C.R.S., as amended, is required.

Accordingly, notice is hereby given to all interested persons to appear at a meeting of the Board of Directors of **Goldsmith Metropolitan District** at 9:00 a.m. on February 14, 2023 to be held at 8351 E. Belleview Ave., Denver, CO 80237 and show cause in writing, if any they have, why such petition should not be granted. The failure of any person in the existing District to file a written objection shall be taken as an assent on his or her part to the exclusion of the property described in this notice.

GOLDSMITH METROPOLITAN DISTRICT
By: /s/ Thomas N. George, Counsel for the District

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A CALL FOR NOMINATIONS HILLS AT CHERRY CREEK METROPOLITAN DISTRICT

TO WHOM IT MAY CONCERN, and, particularly, to the electors of the **Hills at Cherry Creek Metropolitan District** of Arapahoe County, Colorado.

NOTICE IS HEREBY GIVEN that an election will be held on the 2nd day of May, 2023, between the hours of 7 a.m. and 7 p.m. At that time, three (3) directors will be elected to serve 4-year terms. Eligible electors of the **Hills at Cherry Creek Metropolitan District** interested in serving on the board of directors may obtain a Self-Nomination and Acceptance form from the District Designated Election Official:

Catherine T. Bright
c/o Seter & Vander Wall, P.C.
7400 E. Orchard Road, Suite 3300
Greenwood Village, CO 80111
cbright@svwpc.com
303-770-2700

The Office of the Designated Election Official is open on the following days: Monday through Friday from 8 a.m. to 5 p.m. The deadline to submit a Self-Nomination and Acceptance form is close of business (5 p.m.) on Friday, February 24, 2023 (not less than 67 days before the election).

The Affidavit of Intent To Be A Write-In-Candidate forms must be submitted to the office of the Designated Election Official by the close of business (5 p.m.) on Monday, February 27, 2023 (the sixty-fourth day before the election).

NOTICE IS FURTHER GIVEN, an application for an Absentee Ballot shall be filed with the Designated Election Official no later than the close of business on the Tuesday preceding the election, April 25, 2023.

/s/Catherine T. Bright
Designated Election Official

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CALL FOR NOMINATIONS PARKER JORDAN METROPOLITAN DISTRICT

TO WHOM IT MAY CONCERN, and particularly, to the eligible electors of **Parker Jordan Metropolitan District** ("District") of Arapahoe County, Colorado.

NOTICE IS HEREBY GIVEN that the District will conduct a regular election on the 2nd day of May, 2023, between the hours of 7:00 a.m. and 7:00 p.m. At that time, (2) two directors will be elected for a 4-year term and (1) one director will be elected for a 2-year term.

In order to be a candidate for one of the director positions, a qualified individual must submit a Self-Nomination and Acceptance Form. Eligible electors of the District interested in serving on the Board of Directors may obtain a Self-Nomination and Acceptance form from the District's Designated Election Official (DEO):

Robin A. Navant, DEO
rnavant@spencerfane.com
Spencer Fane LLP
1700 Lincoln Street, Ste. 2000
Denver, CO 80203
Phone: 303-839-3714

The Self-Nomination and Acceptance Form must be returned to the Designated Election Official by close of business (5:00 p.m. MST) on Friday, February 24, 2023. The form should be emailed to rnavant@spencerfane.com. If the designated election official determines that a self-nomination and acceptance form is not sufficient, the eligible elector who submitted the form may amend the form at any time prior to the close of business on the day of the deadline.

Affidavit of Intent To Be A Write-In-Candidate forms must be submitted to the office of the Designated Election Official by the close of business on Monday, February 27, 2023.

NOTICE IS FURTHER GIVEN that an application for an absentee ballot may be filed with the Designated Election Official, at the contact information referenced above, no later than the close of business on Tuesday, April 25, 2023.

PARKER JORDAN METROPOLITAN DISTRICT
Robin A. Navant, Designated Election Official

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NOTICE OF REVISED BUDGET (Pursuant to 29-1-106, C.R.S.)

NOTICE is hereby given that a proposed revised budget has been submitted to the Board of Directors of **Southeast Metro Stormwater Authority (SEMSWA)** for the year 2023. A copy of such proposed revised budget has been filed in the office of **SEMSWA** at 7437 South Fairplay Street, Centennial, Colorado, and is available for public inspection upon request at HYPERLINK "semswamain@semswa.org" semswamain@semswa.org. Such proposed revised budget will be considered at a regular meeting of the Board of Directors of **SEMSWA** to be held in person at 7437 South Fairplay Street, Centennial, Colorado, and also remotely by electronic means on February 15, 2023, at 1:30 p.m. (MST). Information concerning remote access to the meeting is available upon email request to HYPERLINK "semswamain@semswa.org%20" semswamain@semswa.org or contacting **SEMSWA** by telephone at 303-858-8844. Any interested property owner within **SEMSWA's** boundaries may inspect the proposed budget and file or register any objections thereto at any time prior to the final adoption of the revised budget.

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A CALL FOR NOMINATIONS
Sections 1-4-912; 1-13.5-303; 1-13.5-305; 1-13.5-501; 1-13.5-1002 and 32-1-902(2), C.R.S.

TO WHOM IT MAY CONCERN, and, particularly, to the electors of the **SUNDANCE HILLS METROPOLITAN DISTRICT**, of ARAPAHOE County, Colorado.

NOTICE IS HEREBY GIVEN that an election will be held on the 2nd day of May, 2023, between the hours of 7:00 a. m. and 7:00 p. m. At that time, two (2) directors will be elected to serve two (2)-year terms and three (3) directors will be elected to serve four (4)-year terms. Eligible electors of the **SUNDANCE HILLS METROPOLITAN DISTRICT** interested in serving on the board of directors may obtain a Self-Nomination and Acceptance form from Sarah E. E. Shepherd, the District Designated Election Official (DEO), at info@ccrider.us, or by calling 303-482-1002.

The deadline to submit a Self-Nomination and Acceptance is close of business on Friday, February 24, 2023 (not less than 67 days before the election). If the DEO determines that a Self-Nomination and Acceptance form is not sufficient, the eligible elector who submitted the form may amend the form at any time prior to the close of business on the day of the deadline. Affidavit of Intent to be a write-in-candidate forms must be submitted to the office of the designated election official by the close of business on Monday, February 27, 2023 (the sixty-fourth day before the election).

NOTICE IS FURTHER GIVEN, that requests for an application for an absentee voter's ballot may be made orally or in writing with the designated election official no later than the close of business on Tuesday, April 25, 2023, at the address and telephone number listed above between the hours of 9:00 a.m. and 5:00 p.m.

SUNDANCE HILLS METROPOLITAN DISTRICT
By: /s/ SARAH E. E. SHEPHERD
Designated Election Official

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CALL FOR NOMINATIONS

§§ 1-13.5-501; 1-13.5-303, C.R.S.

TO WHOM IT MAY CONCERN, and, particularly, to the eligible electors of the **Willow Trace Metropolitan District**, Arapahoe County, Colorado (the "District").

NOTICE IS HEREBY GIVEN that an election will be held on May 2, 2023, between the hours of 7:00 a.m. and 7:00 p.m. At that time, three (3) directors will be elected to serve until May 2027. Eligible electors of the District interested in serving on the board of directors may obtain a Self-Nomination and Acceptance Form from the Designated Election Official ("DEO") at 2154 E. Commons Ave., Suite 2000, Centennial, CO 80122 or via telephone at 303-858-1800, between the hours of 8:00 a.m. and 5:00 p.m., Monday through Friday. Self-Nomination and Acceptance Forms are also available online at https://whitebearankele.com/.

The deadline to submit a Self-Nomination and Acceptance Form is the close of business (5:00 p.m.) on Friday, February 24, 2023. If the DEO determines a Self-Nomination and Acceptance Form is not sufficient, the form may be amended prior to 5:00 p.m. on February 24, 2023. Earlier submittal is encouraged as the deadline will not permit curing of an insufficient form after this date and time. An Affidavit of Intent to be a Write-In Candidate must be submitted to the office of the DEO by the close of business (5:00 p.m.) on Monday, February 27, 2023.

NOTICE IS FURTHER GIVEN that information on obtaining an absentee ballot may be obtained from the DEO, and applications for an absentee ballot must be filed with the DEO no later than the close of business (5:00 p.m.) on April 25, 2023.

WILLOW TRACE METROPOLITAN DISTRICT

By: Designated Election Official

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