COMPARISON CHART FOR TISSUE MINERALS RATIOS CLIENT:

RATIO KEY (Right) TEST DATE (Below) ↓		OXIDATION Slow, Fast, or Mixed	Ca/Mg Ideal 6.67 / 1 Calcium to Magnesium (Pancreas) L-Range: 3.3 to 10 H-Range: 5.67 to 7.67		Ca/K Ideal 4.00/1 Calcium to Potassium (Thyroid) L-Range: 3 to 8 H-Range: 3 to 5		Ca/P Ideal 2.50/1 Calcium to Phos (<i>Protein Usage</i>) P=Def., Zn=meta L-Range: 2.3 to 2.7 H-Range: 2.3 to 2.7		Na/Mg Ideal 4.17/1 Sodium to Magnesium (Adrenals) L-Range: 3 to 6 H-Range: 3.17 to 5.17		Na/K Ideal 2.50/1 Sodium to Potassium (Vitality, *) L-Range: 2.3 to 5 H-Range: 2.3 to 3.5		Zn/Cu Ideal 8.00/1 Zinc to Copper (Male/Female &, Cardiovascular) L-Range: 6.5 to 10 H-Range: 7 to 9	
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Abbrev: L-(Lab) Range; H-(Homeostasis) Range; P = Def (ψ) Phosphorus = Protein Deficiency; Zn=Meta (ψ) Zinc=Not Metabolizing Protein) *Energy Level, Adrenal, Immunity, Anabolic / Catabolic

When comparing to the last report: **Arrow Down** = Value is adversely lower; **Arrow Up** = Value is adversely increased; **Checkmark** = Improved. Star or Asterisk = in Range for Laboratory Report (L) or Homeostasis (H). **Ca/K** Arrow Up = Hypothyroid Pattern; Arrow Down = Hyperthyroid PatterN of Disease. Our first goal is to provide the nutrients your cells require to bring your values into blue-gray or optimal ranges on the Lab Report (to prevent disease and health challenges related to mineral imbalances and heavy metal toxicity) and then into the ranges for homeostasis (which represent true health). Note: When comparing a current Tissue Mineral Hair Analysis with a previous one, you may note that Ratios may appear to worsen at first before they improve. Ex: the elimination of calcium deposits in tissue or old calcifications can be observed by a temporary elevation of tissue calcium as this bio-unavailable calcium leaves the hair. Similarly, when overall mineral levels have improved sufficiently where the body can remove Toxic Heavy Metal from embedded tissue, the Toxic Metal Chart will show that release by temporarily increasing levels to show metals are finally leaving the embedded tissue.

EVALUATION OVER SEVERAL MINERAL TESTS PROVIDES THE BEST ASSESSMENT OF PROGRESS.