



DOUBLE HELIX WATER (DHW)

Introduction

By Dr. Donna F. Smith

HEALTH BREAKTHROUGH

A little over a decade ago, after doing Body Composition Analysis (BCA) for thousands of clients using a BIA (Bioelectrical Analyzer), it occurred to me that something was missing because the water-related results did not improve as expected if changes in increasing water consumption, improving one's diet, and therapeutic supplementation was all that was required. After praying about this, I received an intuitive insight that the missing element was actually in our water.

So for over a decade, I have been searching for this missing element in our water and on September 9, 2016, when attending our 25th Annual Scientific Symposium for the International and American Associations of Clinical Nutritionists (IAACN), I found the missing element. It is called "stable water clusters." This is now marketed as "Double Helix Water."

This "Double Helix Water" Webpage (20-M) provides postings of three "before and after" patient test results, over 30 Testimonials, 2 Brochures, 3 Literature Sheets, including the Testimonials from two U.S. Olympians using DHW.

At the time of this writing, I have been taking DHW for six weeks now and I can tell a huge difference and will be glad to share the benefits I have received upon request.

A little background not included in the educational information posted on this website.

Stable Water Clusters are formed when lightening hits the water in lakes, streams, rivers, oceans, etc. Stable Water Clusters could not be seen until the development of the Atomic Force Microscope. **Atomic-force microscopy (AFM)** or **scanning-force microscopy (SFM)** is a type of scanning probe microscopy (SPM), with demonstrated resolution on the order of fractions of a nanometer, more than 1000 times better than the optical diffraction limit and was invented by IBM Scientists in 1982. Years later, a scientist using the AFM for another purpose discovered these water clusters for the first time. Stable water clusters are the fourth phase of water. Until this discovery, we knew only of three phases of water -- that water can be liquid, a gas (steam) or solid (ice). Stable Water Clusters are the fourth phase that water can be.

When lightening hits water, it causes the negative and positive charges in the water molecules to separate and fall back on each other, which is what forms the water clusters. These stable water clusters from the beginning of mankind have been essential in cellular healing, repair



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and health maintenance. We just did not know they existed until the AFM. Think of it like this, these water clusters have trapped electricity from lightening and when we drink the water clusters we are receiving pure energy into our cells. This then becomes a faster way to heal especially when compared to food, which must first be chewed, digested, absorbed, assimilated, and then distributed to the cells before the cells have what they need to make this energy Or electricity that is needed for healing, operating and maintaining the healthy function of the human mind and body. Are you getting the impact here! This is a revolutionary breakthrough in the healing sciences.

Why is this a “missing link” to our healing when the water clusters have always been present? The problem today is that we cannot drink water from streams, rivers and lakes because of pollution. Our drinking and bathing water must now be purified, either by distillation or reverse osmosis purification systems. These are truly the only two methods that actually purify water today. All other methods are just “Filters” that remove only a few of the pollutants. Filters cannot purify the water.

However, either way, whether filtered or purified, as these methods remove the pollutants they were designed to remove, they also remove these water clusters. For decades now, since water coming through household faucets stopped coming directly from our lakes, our bodies have been denied these water clusters. So I am not surprised that the BCA testing I was doing in my clinic posed the question to me decades ago that something was missing – these stable water clusters have been the missing element and now add another key to our ability to heal.

As we all know, air, water and food are our basic needs for survival and health. So having something in one of these basic needs removed is like expecting to build a beautiful, stable home, but you do not have all the parts for building.

Stable Water Clusters, a vital and crucial element for building and maintain health, the fourth phase of water that has been here all the time, we just could not see it until now, is a daily requirement just like breathing air and eating food. We just did not know it existed until the atomic force microscope was invented.

Twelve years ago, D & Y Laboratories, was established to make and market stable water clusters, which was termed Double Helix Water because the stable water clusters, when viewed under the atomic force microscope, looks like the Double Helix of our DNA. In fact, these stable water clusters are essential for gene production and repair. In one drop of Double Helix Water, you get 100 water clusters and there are 300 drops per bottle.



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To help make Double Helix Water more affordable for everyone, because it is essential and foundational for healing and health maintenance, we provide this product at a discount.

THREE METHODS OF DELIVERY

1. **Double Helix Water** – one bottle is added to a gallon of Distilled Water for a 30 day supply and you will refrigerate and drink two (2) ounces, twice daily. Once in the morning and once in the evening.
 - a. Reverse Osmosis Purified water can be used of Distilled, which is why I prefer, however, there cannot be any minerals added back into the R.O. water. These minerals added are synthetically-made and will interfere with the effectiveness of stable water clusters.
 - b. Also, other specific instructions for taking this will be provided with our first purchase, for example, if you require more than the maintenance dosage as indicated above, this information will be provided with the purchase of your first bottle.
2. **Skin Cream** (see below) – 2.5 ounce tube. Apply to skin to improve skin health and anywhere you feel pain.
3. **Nebulizer** – We also provide a special Nebulizer for breaking in the water vapors made from drops of the Double Helix Water. This is especially beneficial for people with lung conditions and challenges with the brain, like Alzheimer's, Dementia, Epilepsy, Mood Swings, Memory Loss, etc.

As you will read in the testimonials, Double Helix Water helps every health challenge you have because it heals (repairs) and helps your cells regenerate (make more healthy cells). After six



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weeks of daily intake, your cells will accept your nutrients from foods and supplements and release cellular waste with more efficiency because the obstructions to these two metabolic processes will be improved. You can see this by improved measurements of intra-cellular and extra-cellular fluids on the BIA/Body Composition Test.

Ongoing consumption of DHW will continue to provide more and more improvement. You will read in the testimonials comments made by people when they first started DHW and the improvement they received six months or say after two years, for example.

Beside maintenance dosage intake as indicated in #1 above, there are also currently 37 DHW Protocols for specific health concerns and these are listed below

DHW PROTOCOLS

Since Double Helix Water helps everything in the body, you will see improvement over time by consuming the therapeutic or maintenance dosages, depending upon your unique biochemistry and daily needs.

However, for those who want faster results and/or who have severe or chronic health challenges, here are just a few of health conditions, where key protocols have been specifically designed using Double Helix Water.

1. Alzheimer's
2. Allergies,
3. Adrenal Fatigue,
4. Asthma, Autism,
5. Brain Cancer,
6. Brain Injuries from Concussions,
7. Breast Cancer,
8. Broken Bones,
9. Cerebral Palsy,
10. Dementia,
11. Fibromyalgia,
12. General Immune System,
13. Gout,
14. Hemorrhoids,
15. Hepatitis A, B, C, D, E,



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16. Hypertension/High Blood Pressure,
17. Jet Lag,
18. Leaky Gut,
19. Lung Cancer,
20. Lupus,
21. Lyme's,
22. Lymphocytic Leukemia (Chronic),
23. Lymphoma,
24. Melanoma,
25. Migraines,
26. Mold Sensitivity,
27. Multiple Sclerosis,
28. Neuropathy (non-Diabetic),
29. Pancreatic Cancer,
30. Prostate Issues,
31. Radiation and Chemotherapy Recovery,
32. Radiation Only Recovery,
33. Renal Failure (Acute Kidney),
34. Retinal Failure (Acute),
35. Rheumatoid Arthritis,
36. Stroke Protocol and
37. Surgery Recovery.

Adding DHW to our current therapeutic whole food supplement programs and dietary plans for the above provides the most comprehensive support for the healing process.

DHW SKIN CREAM

Also just a quick note to comment on the DHW Skin Cream

1. This is a quick pain relief for those who have sciatic pain, arthritis, R.A., or to relief sore muscles and joints after exercise. Pain is eased in just seconds to minutes. It is actually better than just a relief, because the more frequent you use it the less pain you will feel because it is getting at the inflammation.
2. When applied topically, it also helps skin disorders, like psoriasis and eczema,



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3. Anti-aging -- it hydrates the skin better than any other skin cream I have tried on the market.

PROGRESS CAN BE SCIENTIFIC TESTED

BODY COMPOSITION ANALYSIS

COME SEE US AND BE BCA/BIA TESTED

If you want to be scientifically tested to see how effective Double Helix Water is – Call the office to find out where we are providing a Body Composition Analysis using a Bioelectrical Impedance Analyzer. (BCA/BIA). You can learn more about the Bio-electrical Analyzer (BIA) testing of Body Composition by going to my webpage, titled, “**Seminar & Events**” – **About Onsite Testing (19-C)**.

This test provides 13 scientific water-related cellular measurements. Value of this test is \$350 at Mayo Clinic, John Hopkins and other hospitals/clinics, however, our Event Cost is \$35; and for you, Client Cost is \$25. (Prices may change without notice.)

Throughout the year we hold mini-testing clinics at various events held in Wichita Falls, Texas. For example, every year we hold one at the Christmas Magic Event at the MPEC in Wichita Falls. We have been doing this since 2007. Christmas Magic is generally held the first weekend of November and is sponsored by the Junior League of Women. It is a huge event where you can be inspired with ideas for the upcoming holidays and even do your Christmas Shopping early.

You can also subscribe to my newsletter, HealthQuest E-News, or call us for information where we are holding our next Mini-Clinic.

ABOUT DR. SMITH

Dr. Donna Smith has a Ph.D. in Clinical Nutrition, is a Doctor of Naturopathy (N.D.), a Board Certified Clinical Nutritionist (C.C.N.), Certified Dietitian-Nutritionist (C.D.N.), and a Canadian Chartered Herbalist (C.H.).



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Dr. Smith is also a Free Lance Nutritional Health Writer and has written over 100 articles for Internet and traditional magazines, such as the **American Chiropractic Magazine, the largest chiropractic magazine in the United States.**

Some of her best-selling e-books has been listed below. She is frequently invited to speak on NBC and ABC local networks, and at clubs, hospitals, universities and corporations on a variety of nutrition and health-related topics, such as, the national groups of scientists and biochemists at the **American Society of Clinical Laboratory Science (ASCLS), International and American Associations of Clinical Nutritionists (IAACN), Stephen F. Austin University, Midwestern State University,** Optimist Clubs, Toastmasters, Business and Professional Women's Club, Women Entrepreneurs, Worksite Wellness, American Heart Association, Parkinson's Group, and St Gobain Corporation, to name a few.

She has also been interviewed by various Radio Networks. For example, Dr. Smith is among the list of professionals, stars and politicians who have been interviews by Professional Radio Network @ PRNFM.com, along with Gov. Arnold Schwarzenegger, Sharon Stone, Will Ferrell, to name a few.

Dr. Smith owns **Advanced Clinical Nutrition (est. 1981)** in Wichita Falls, Texas, where she provides a **Clinical Nutrition Analysis or Interpretation of Laboratory Tests (blood, urine, saliva, stool and hair)** to identify and correct dietary, vitamin and mineral deficiencies adversely affecting the healthy function of the human mind and body.

From the findings of these scientific Laboratory Reports, Dr. Smith designs and dispenses therapeutic, whole food supplements, available only through nutritional health care providers, and a Dietary Plan, which is a list of foods selected for the food chemistry's positive effect on the individual's biochemistry, which is also based on test results.

Dr. Smith's Clinical Nutrition Services are also provided to **Healthcare and Fitness Providers**, who want to offer clinical nutrition services to their patients/clients, yet do not have the time or training to do so.

Clinical Nutrition Testing, Therapy, and Personalized Dietary and Lifestyle Education Services are provided by mail, e-mail and telephone consultations. A.C.N. clients save money as there are no in-office appointment fees, gas expense to/from appointments or time away from home or work for nutritional services. Lab Kits are mailed to the clients' homes, where they collect the samples and mails them directly to our Labs.

Dr. Smith has over 90% success in helping her clients improve their health, increase energy, balance hormones, improve mental function, strengthen joints, muscle, immune system, restore over-all organ/gland function (including the hair system to restore its natural color), manage weight, prevent/reverse disease and enhance life and/or sports performance. Her clientele encompasses 37 U.S. States and six international countries.

For more information, to order a clinical nutrition analysis and laboratory tests, and to contact Dr. Smith, call (940) 761-4045 or e-mail at Services@AdvancedClinicalNutrition.com.



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Meanwhile, please browse www.AdvancedClinicalNutrition.com to subscribe to Dr. Smith's FREE Newsletter, read Free Articles by Dr. Smith and view **Dr. Smith's Secrets To Healing** TV shows and slide presentations. You may also view Dr. Smith's TV Shows and videos on YouTube.com/DrDonnaFSmith, post questions on her blog at DrDonnaSmith.blogspot.com and follow her on Twitter.com/DrDonnaSmith and Facebook.com/DonnaFSmithPhD.

BOOKS BY DR. SMITH

- **Comprehensive Holistic Dental Health Program** – The Dangers of Traditional Dentistry and an Introduction to Holistic Dentistry (**169 pages** – articles, charts, forms and therapeutic supplement information for acute symptoms (toothaches), chronic dental health challenges (abscesses, gum disease) and dental health (how to internally repair and strengthen teeth and gums).
- **Fibromyalgia – A Clinical Nutrition Syndrome** (70 Pages).
- **Dr. Smith's Hair Restoration Program [Anti-Grey and Hair & Scalp Solutions]** - (69 Pages).
- **Lyme's Disease – Clinical Nutrition Approach to Healing** (32 Pages).
- **False Assumptions the Public Makes About Food Supplements** – (15 Pages)

DISCLAIMER

Information is provided for nutritional education purposes only and not for the diagnosis or treatment of any medical condition, disorder or disease. Present laws indicate that the author must advise you to seek medical attention for your disease, if you have one. Choosing to do so, or not, is your constitutional right and you are ultimately the only person who is responsible for any decisions, risks or actions you take regarding the care of your mind and body.

This author's intention is to provide health care education from a nutritional biochemical perspective so you are equipped to make an informed decision regarding your health care. It is also the author's intention to help you understand the importance of Clinical Nutrition Testing and Therapy, which is foundational to healing the cells and tissue of the organs, glands and body systems within all living beings, both human and animal, a fact that has not been included in Public Health Education because in the United States, for example, Public Health Education is still focused on medicine, not health education. ***The health of your cells determines the health of your body.***