www.AdvancedClinicalNutrition.com

(940) 761-4045

Dr. Donna F. Smith

(Click blue links for more info) Update: 05/27/16

Fever? Tooth/Earaches?) Call Dr. Smith for immediate assistance and fast res

BIOCHEMICAL TESTING (BLOOD, HAIR, SALIVA, URINE, STOOL)							
BIOCHEMICAL PROFILES	CODE	ANALYSIS	DISCOUNT ANALYSIS FEE	LAB FEE	LAB FEE	LIST PRICE	
[Number of Tests in Each Profile]		FEE	ANALYSIS FEE	W/ INSURANCE	NO INSURANCE	(Ins. Co. Fee Only)	
Comprehensive (Menopause)	C-Meno+	\$2000.00	\$1750	\$410.00	\$818.00	\$2506.00	
Comprehensive (Female)	C-Rhy+	\$2000.00	\$1750	\$410.00	\$924.00	\$3203.00	
Comprehensive (Male)	C-Male+	\$2000.00	\$1750	\$420.00	\$784.00	\$1881.00	
Basic Biochemical Tests (B,H, Sa)	Basic	\$1300-1350	\$1050-1100	\$109-\$159*	\$158-\$349	\$674-\$1615	
Tissue Mineral (Hair) - [71]	TMA	\$250-\$350*	Lab's Fee for hair and blood included in Analysis Fee; you				
Blood Chemistry - [44]	NBCA-44	\$450.00	may file your own insurance claim for reimbursement				
Menopause Saliva Hormones [6]	MENO	\$350.00	Our Clientele	\$109	\$158	\$918	
Female Saliva Hormones - [12]	FHP	\$350.00	Resides in 36	\$109	\$264	\$1615	
Male Saliva Hormones - [10]	MALE+	\$400.00	States & six international	\$159	\$349	\$674	
Adrenal Saliva Hormones - [6]	ASI	\$250.00	countries.	\$99	\$150	\$325	
Digestive & Parasite Stool - [40]	CDSA/P	\$400.00	Over 90%	\$169	\$343	\$1099	
Bone Resorption Urine - [2]	BRA	\$250.00	Success Rate \$92.00 - Insurance will not reimburse. \$108				
Urinalysis (6 Tests/100 Strips)	92-0193	\$150.00	Tests Glucose, Protein, Nitrite, pH, Blood, Leukocytes, incl. HAC				
Dietary Analysis (\$75 for one; \$125 for two & \$150 for all three). With these three, you never need another diet.)	DA	\$150.00 (3) \$125.00 (2) \$75.00 (1)	Three "Food Chemistry" Designed Dietary Plans – 1) Dietary Plan Based on your Evaluation or Biochemical Test Results, 2) Detoxification Diet, 3) Endocrine System Dietary Plan (Male/Fe)				

<u>OUR ANALYSIS FEE INCLUDES:</u>

- A Free "Health Appraisal Comprehensive (HAC) Report" (Valued at \$250) (Information on this is at the top of this page under "Clinical Nutrition (CN) Evaluations." Lab Kits for saliva, hair, urine & stool (USPS mailed to your home) and/or emailing Lab Requisition for blood drawn at a local Laboratory, according to tests ordered.
- 2.
- Includes Laboratory's fee for hair and blood tests only. (Note: Refer to "Lab Fee columns above for the amount you will include in your Lab Kit when ordering urine, saliva and/or stool tests.) Clinical Nutrition Analysis of Laboratory Reports on each test to identify nutrient deficiencies, biochemical imbalances & dysfunctions in organs, glands and body systems.
- Design of Therapeutic Supplement Program of Care (POC) based on Clinical Nutrition Analysis "test findings" (i.e., abnormal clinical nutrition values outside homeostasis.)

The above specimen testing of your biochemistry scientifically identifies your nutritional deficiencies, biochemical imbalances, AND organ and gland dysfunctions - which represent the three

15-Minute Report of Findings (RF) Telephone Consultation. (Note: The first two RFs include an Educational Session (fee not included) to help assure 15-minute future RFs)

MORE ABOUT ANALYSIS FEES & LAB FEE COLUMNS - EXPLANATION (No Refund On Testing or Evaluation Fees)

"degeneration" that the body progresses through prior to the fourth stage "disease." If homeostasis, the true definition of "health," is not restored in each of these stages, the sixth stage, "premature death" Though it is good news to be free of symptoms, disease free AND/OR to have Lab Reports in "normal" medical ranges, these are not the same as being "healthy." *TMA (Hair) Analysis Fee is \$250 when TMA is ordered with one or more other biochemical test. Exs: Hair with Blood or Hair with blood & saliva. Lab Fee Columns (Urine, Saliva and Stool Testing): A LAB FEE is the amount our Laboratories charge to process specimen samples and send Laboratory Reports to Dr. Smith for Clinical Nutrition Analysis. "List Price" column lists the Lab's fees for these services. However, as a client of Dr. Smith, you receive the discounted fee listed in the Lab Fee Columns. Those who provide insurance information receive a larger discount, which is reimbursed if

your insurance company pays all of the List Price. (Regarding our Analysis Fees, you file your own insurance claims for reimbursement, where applicable) Details on exact tests within each profile above, along with samples of actual Lab Reports, are on "Lab Tests" webpages in our website.

(Fees include Evaluation and Design of Therapeutic Supplement Program)

CLINICAL NUTRITION (C.N.) SCIENTIFIC EVALUATIONS

(060113R091515)

SERVICE DESCRIPTION CODE FEE **TOTAL** All 10 body systems (Averages \$15 ea. system HAC \$250.00 **HealthAppraisal Comp/HAC** Evaluation based on your top #1 to #5 priority HC - 1, 2, 3, 4, 5 HC-1 = \$50.00**Health Concern (HC)** (Add \$25 for each Health Concerns, symptoms OR area of body. additional Concern) BS-EVAL One-time fee to evaluate the priority order in \$250.00 **Body Systems – Evaluation** which each body system is to be supported Detoxification & nutrient repletion programs (1 of 2)Analysis of Lab Reports, Exams or Tests (blood, urine, MD Medical Tests (MD) \$10 per test, MRI, etc.) from another doctor. Ex: 6 blood tests is 6 X \$10 = \$60. (Fee is per test, not per Lab or Medical Report)

THERAPEUTIC SUPPLEMENT PROGRAM OF CARE (POC) DESIGN

Per Diagnosis(es)	Therapy (POC) Designed by providing documentation of your current diagnosis from any other doctor.	D-POC	\$150.00	
Per Drug Prescription(s)	Therapy (POC) designed per Rx to replenish nutrients depleted by chemicals in drugs-reduces drug side effects.	RX-POC	\$150.00	
Body Systems-Program	Fee to design a 3-mon. POC for one body system.	BS-POC (2 of 2)	\$150.00	
POC Updates(between Evaluations & Testing)	Fee to change your current Therapeutic Supplement Program (POC) when indicated to meet biochemical or symptom changes.	POC	\$30 - \$75	

Fees are the same for initial Nutritional Evaluation and Re-Evaluations, as well as Initial Biochemical Testing and Re-Tests. Page 1 of 3. Not Sure Where To Start? Call (940) 761-4045 to schedule Free Inquiry Telephone Consultation with Dr. Smith

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Dr. Donna F. Smith

MONTHLY SUPPLEMENT FINANCIAL PLAN (CHOOSE ONE)

Choose for Pace and/or your Financial Budget. Shipping Fee not included in Plan selected. No, therapeutic supplements do not cost more

Rabbit (\$350) - [5-6] Fast Pace Healing | Squirrel (\$250) - [3-4] Moderate Pace Healing Horse (No Maximum Financial Limit) - [All Priorities] Supplement Program is designed for Time-Sensitive, Critical Care, or Anyone Wanting Fastest Healing Program Possible)

Turtle (\$150) - [1-2] Slower, yet Steady Pace Healing None of these Financial Plans work for you? Ask

about the Snail Plan.

(No Refund or Return on Supplements or Products Affected by Temperature

Read <u>"3 Ways Supplements Are Manufactured Today"</u> on "Library

CONSULTATION FEES • TELEPHONE (TC) AND EMAIL (EC)

\$45 = 15-Minutes (Min.) or Less | \$75 for 30 Min. or Less; then \$2 per min. over 30 min. | Administrative Consultations Free 30-Minute Monthly Progress Reporting Telephone Consultation Required for Clients on Therapeutic Supplements. 1st

PERSONAL EDUCATION, OTHER PROGRAMS & E-BOOKS

(Other Frequently Ordered or Required Services To Restore & Maintain Health for a Lifetime!)

SERVICE	DESCRIPTION	CODE	FEE	TOTAL
Dietary Consultations	A Healthy Lifestyle is more than eating healthy foods & exercising, it is	DC	See TC	
Lifestyle Coaching & Education	integrating 128 [25 Dietary, 45 Lifestyle & 58 Mind-Body] principles / practices. Coaching is 4-6 hrs of Telephone Consultations + written materials	PEP-LAR	Fees	
Mind-Body Connection	for each (Dietary, Lifestyle, & Mind-Body Connection), totaling 12-18 hours.	PEP-MB	Below	
Full Body Detoxification Program	Before/After HAC Evaluation & Program Design (See**)	FBD	\$150	
Dysbiosis Program	Evaluations, Program Design, Supplements. 30-Min TC	DYS	\$271.50	
Anti-Aging E-Book (Internal & External Care)	Personal Skin Care, Anti-Wrinkles, etc. (Over 250 pages)	EB-AA	\$97	
Hair Restoration Program E-Book	Hair Loss, Thinning, Dry, Grey, Dandruff, Head Sores, etc. (69 pages)	EB-Hair	\$47	
Dental Health Program E-Book	Holistic Dentistry, Abscess, Toothache, etc. (169 Pages)	EB-Dental	\$97	
Health Chest E-Book	Update your Medicine Chest To A Health Chest for Over 100 Acute	EB-HC	\$97	
	Symptoms, Herbal First Aide, AND Microbial Kits (Germs/Worms)-250+ pages			
Maintenance Program Design	Design Guidelines (Ex: choosing multiple vitamins/minerals, other health maintenance supplements & products).			No Charge

Click Blue Links for Details on All of the Above on Website. E-Books Save Money in Consultation Fees. ** 30-Day Full Body Detoxification for Stomach, Duodenum, Small & Large Intestines, Liver, Gall Bladder, Bile Duct, Kidneys, Bladder and Lymphatic System. No Return or Refund on Fees for Analyses, Evaluations, E-Books, Supplements or Products Subject To Temperatures

GUIDELINES TO SELECT BIOCHEMICAL TESTS

If You Have Symptoms in the Column #1 Body Areas, Choose Biochemical Testing in Column #2.

BODY AREAS (Systems, Organs, Glands) (Examples of a Few Symptoms)	BIOCHEMICAL TESTING (All Tests on each row Required To Identify All Causes** + Hyperlinks to Tests on Pg. 1 under "Biochemical Testing")
Adrenals (Fatigue, Tiredness, Insomnia)	Adrenal Stress Saliva and Tissue Mineral Hair Analysis
Cardiovascular (Anemia, Hi/Lo Blood Pressure, Heart, Circulation, Spleen)	Blood Chemistry -44 and Tissue Mineral Hair Tests
Gastro-Intestinal System (Hypoacidity, GERD, Heartburn, Bloating, Protruding Stomach, Stomachaches, Diarrhea, Constipation, Vomiting, Hi/Lo Blood Sugar, Insulin Production Dysfunction.)	Digestive System and Parasite Stool Tests; Glucose, A1-C, & Hair Any one or more of these tests may be required depending upon presenting symptoms.
Hair and Scalp (Hair loss, thinning, grey, dandruff, sores, etc.)	Tissue Mineral Hair Analysis (TMA)
Immune & Lymphatic Systems (Hyper and Hypo-Immune)	Blood Chemistry - 44 and Tissue Mineral Hair Tests
Kidneys/Bladder (Incontinence, pain when urinating, etc.)	Blood Chemistry - 44 Tests
Liver, Gall Bladder, Bile Duct (side, under ribs or shoulder pain, sleeplessness)	Blood Chemistry - 44 Tests or Lipid Blood Profile (Call for fee quote)
Lungs/Sinuses (Difficulty breathing, wheezing, coughing, runny nose, allergies, asthma, etc.)	Blood Chemistry - 44 and Tissue Mineral Hair Tests
Metabolism (weight loss/gain; body temperature symptoms)	Blood-44, TMA Hair, Fe/Male Saliva & Possibly D/Parasite Stool.
Musculo-Skeletal System (Pain, discomfort, and/or stiff Bones,	Blood Chemistry - 44 Tests, Tissue Mineral Hair Test, and Bone
Joints, Muscles, Connective Tissue, Nerves)	Resorption Urine Test (Bone Density testing alone is not sufficient.)
Neurological (Nervous System) (Twitching, shaking, brain/mental symptoms, etc.)	Adrenal Stress Saliva and Tissue Mineral Hair Test
Pancreas – Glucose Intolerance (Hypo- and Hyper-glycemia)	Blood Chemistry - 44 and Tissue Mineral Hair Tests
Pituitary, Hypothalmus, Thymus (Dizziness; Brain/Mental Symptoms, Growth Challenges, Male/Female Hormone Symptom [see below])	Blood Chemistry – 44, TMA Hair & Fe/Male Saliva (Expanded Tests)
Reproductive / Sex Organs (Fe/Male) – Ex: Male/Female Hormone Imbalance, Infertility, Menstrual Irregularities, Menstrual Cramping, PMS, Ovarian Dysfunction, Dysplasia, Fibrocystic, Menopause and Andropause (Male Menopause), Impotence, Enlarged Prostate, Anxiety, Depression, Brain Fog, Other Mental Health Challenges, Weight Gain	Tissue Mineral Hair Test, plus one of the below that applies to you: Male Saliva Hormone Test & Females –If having menstrual cycles (regular or irregular) – choose Female Hormone Saliva Test. Females –No consecutive monthly menses for 2 or more years, choose Menopause Saliva Hormone Test.
Thyroid (Hypo- and Hyper-Thyroid Dysfunction & Symptoms)	Blood Chemistry – 44 (T3,T4, FTI, TSH) & Tissue Mineral Hair Test
◆ Area Not Listed In Most Frequently Ordered Above? Choose▶	Blood Chemistry - 44 Tests and Tissue Mineral Hair Test
◆ Multiple Areas? Add Basic Tests , if not already included ▶	Blood (44), Hair, and Female or Male Hormone Saliva Test
Multiple Severe Areas, Critical/Time Sensitive, or Complete	Blood (44), Hair, Adrenal Saliva, Female or Male Saliva Hormone,
Wellness (Prevention)? Choose Comprehensive CN Analysis▶	Digestive/Parasite Stool and Bone Resorption Urine.
**All tests listed in Column #2 for corresponding body area(s) in Column #1 are re	equired to identify all causes of symptoms. For fastest healing results, order all

tests at one time. If finances are limited for initial testing, you may order one test monthly, in order presented above, until all tests have been ordered.

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BIOCHEMICAL TE	STING	(ADDI1	TIONAL BLOOD & URINE TESTS)
BIOCHEMICAL PROFILES	CODE	ANALYSI	DESCRIPTON OR ADDITIONAL INFORMATION
[Number of Tests in Each Profile]		S FEE	
<u>Tissue Mineral (Hair) - [71]</u>	TMA	\$250- \$350*	Tests for Essential Minerals & Toxic Metals
Blood Chemistry - [44]	NBCA-44	\$450	NBCA-44 = CMP-22 + CBC-DP + Lipids + THY-4
Compr Metabolic Panel [14]	CMP-14	\$235	Glucose, Kidneys, Fluids, Electrolytes, Ca, Liver Tests
CBC + Diff +Plt (Platelets) [12]	CBC-DP	\$180	Anemia, germs, white & red blood cells tested
Lipid Profile - [6]	LIPIDS	\$175	Chol. Trig, LDL, HDL, with Chol/HDL & HDL/LDL Ratios
Thyroid Blood Tests- [4]	THY-4	\$190	TSH, T3, T4, FTI(T7) - MDs rarely test all four.
Cardio Plus Profile [27]	Car-27	\$255	Glucose, Lipids, Electrolytes, Kidneys, Liver and Mineral/Bone (Fe, Ca, P)
Cardio Plus + CRP +HS [29]	Car-29	\$350	CardioPlus Advantage w/ C-Reactive Protein & Homocysteine
C-Reactive Protein [1]	CRP	\$250	CRP = Assess stroke, vascular, heart attack risk, and myocardial
Homocysteine [1]	HS	\$255	infarction risk also indicator of inflammation in the body. HS= Assess stroke, heart attack & Coronary artery disease risk. BOTH
CRP + Homocysteine [2]	CRP-HS	\$350	assess stroke & heart attack risk with CRP also assessing vascular, myocardial infarction risk & HS assess coronary artery disease risk.
Prostate Specific Antigen [1]	PSA	\$190	Prostate gland health risk assessment
Hepatitis A [1]	H-A	\$260	HEP A = IgM antibody develops within a week of symptom onset, peaks in 3 mons, gone after 6 mons, IgG=old infections. Found in 50% of adults. HEP
Hepatitis B [2-3]	H-B	\$250	B= Acute+chronic HBV Infections B4 symptoms appear; undetectable in
Hepatitis C [1]	H-C	\$480	blood in recovery period; for chronic infections, incl. HBV carrier state. HEP C =Screens for Hep C Virus (HCV) infection, i.e. # of Viral RNA particles in
Hepatitis A, B [2] & C [5]	H-3	\$600	blood. Causes the liver to become inflamed. Save \$ when order all three same time.
Hemoglobin A1C [1]	A1C	\$250	Monitors Ave amount of Glucose in blood over past few months.
Vitamin D - 25 Hydroxy [1]	D-25	\$250	TMA, Liver & Lipid Blood Profiles with Vitamin D's (25 & 1,
Vitamin D -1,25 Dihydroxy [1]	D-1,25	\$340	25) required for comprehensive Vitamin D Analysis. Re: Blood alone, D25 measures Vit. D in blood; D1,25 evaluates
Vitamin D - (25 + 1,25) [2]	D-2	\$386	parathyroid function.
Urinalysis, Complete [13]	Ur-C	\$190	Color, appearance, specific gravity, pH, protein, glucose, blood, ketones, leukocyte esterase, nitrite, bilirubin, urobilinogen, and microscopic examination of urine sediment. incl. HAC
Urinalysis - 100 Strips [6]	Ur-100s	\$150.	Tests Glucose, Protein, Nitrite, pH, Blood, Leukocytes, incl. HAC
Urinalysis - 6 Strips [6]	Ur-6s	\$105	Tests Glucose, Protein, Nitrite, pH, Blood, Leukocytes, incl. HAC
Dietary Analysis (\$75 for one; \$125 for two & \$150 for all three). With these three, you never need another diet.)	DA	\$150.00 (3) \$125.00 (2) \$75.00 (1)	Three "Food Chemistry" Designed Dietary Plans – 1) Dietary Plan Based on your Evaluation or Biochemical Test Results, 2) Detoxification Diet, 3) Endocrine System Dietary Plan (Male/Fe)

OUR ANALYSIS FEE INCLUDES: (You may submit our invoices to file your own claims for insurance reimbursement.)

- A Free "Health Appraisal Comprehensive (HAC) Report" (Valued at \$150) (Information on this is at the top of this page under "Clinical Nutrition (CN) Evaluations."
- Lab Kits for saliva, hair, urine & stool (USPS mailed to your home) and/or emailing Lab Requisition for blood drawn at a local Laboratory, according to tests ordered. 2. Includes Laboratory's fee for hair and blood tests only. (Note: Refer to "Lab Fee columns above for the amount you will include in your Lab Kit when ordering urine, saliva and/or stool tests.)
- 3. Clinical Nutrition Analysis of Laboratory Reports on each test to identify nutrient deficiencies, biochemical imbalances & dysfunctions in organs, glands and body systems.
- Design of Therapeutic Supplement Program of Care (POC) based on Clinical Nutrition Analysis "test findings" (i.e., abnormal clinical nutrition values outside homeostasis.)
- 15-minute Consultation to discuss test findings not included in above tests, except TMA and NBCA-44. (Educational Sessions included in first two Consultations)

*TMA (Hair) Analysis Fee is \$250 when TMA is ordered with one or more other biochemical test. Ex: Hair with Blood or Hair with blood & saliva.

MONTHLY SUPPLEMENT FINANCIAL PLAN (CHOOSE ONE)

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Rabbit (\$350) - [5-6] Fast Pace Healing Squirrel (\$250) - [3-4] Moderate Pace Healing Horse (No Maximum Financial Limit) - [All Priorities] Supplement Program is

Turtle (\$150) - [1-2] Slower, yet Steady Pace Healing

designed for Time-Sensitive, Critical Care, or Anyone Wanting Fastest Healing Program Possible)

these Financial None of Plans work for you? Ask about the Snail Plan

Read <u>"3 Ways Supplements Are Manufactured Today"</u> on "Library

CONSULTATION FEES •

\$45 = 15-Minutes (Min.) or Less \$75 for 30 Min. or Less; then \$2 per min. over 30 min. Administrative Consultations Free 30-Minute Monthly Progress Reporting Telephone Consultation Required for Clients on Therapeutic Supplements. 1st Consultation 60 minutes.